



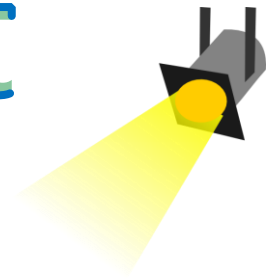
9/7/2018

## *City Manager's*

## WEEK-IN-REVIEW

in the

# Spotlight



### Intracoastal Waterway Cleanup

This weekend, join the City and our mascot “Flipper”, Saturday September 8<sup>th</sup> for the 11<sup>th</sup> annual Intracoastal Waterway Cleanup (ICWC) event. Volunteers meet at the Palm Coast Community Center at 8am to protect and enjoy nature by removing trash in our City. For more information, or to register, click on “Flipper” (right).



## Firefighter Training

S-215: This week, S-215 Fire Training, Firefighting in the Urban Interface, was provided to firefighters over 4 days.

Driver Engineer: This week the apparatus training team hosted test outs for the ride up Driver Engineer.

For more information, see the attached Fire Department update.



**Firefighter Training**



## Utility Plant Training

This week plant operators, and Utility staff, provided a training session to the St. Johns County Utility Department on the Lime Softening process used at Water Treatment Plant #1. The training included a tour of the plant, including discussion and technical training on the chemistry of lime softening. For more information, see the attached Utility Department update.



**Lime Softening Tour & Training**



# Announcements

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*Friday, September 7 thru Thursday, September 23  
Various Locations*

*Intracoastal Waterway Cleanup  
Saturday, September 8, 9am to 1pm  
Palm Coast Community Center*

*Fallen Heroes Memorial Ceremony  
Tuesday, September 11, 8:30am  
City Hall – Flag Pole*



*Friday, September 14, 7:50pm  
Central Park in Town Center*



*Tuesday, September 18, 5pm  
Central Park at Town Center*

## **Next Week:**

- *Tuesday, September 11, City Council Workshop, 9am, City Hall – Community Wing, 160 Lake Avenue*
  - *Wednesday, September 12, Leisure Services Advisory Committee Mtg, 5:30pm, City Hall – Community Wing, 160 Lake Avenue*
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## Attachments

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- Administrative Services & Economic Development Department Update
  - BAC Update
  - Public Works Department Update
  - Community Development Department Update
  - Fire Department Update
  - Parks & Recreation Department Update
  - Utility Department Update
  - Floodplain Management Annual Progress Report
  - Humane Society Update
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## News Releases

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- Food Truck Tuesday/Pink Army 5K kickoff (Sept. 18 event)
  - All invited to Farewell Reception for Mayor Canfield (Sept. 21 event)
  - Wellness Workshops (Sept. 17 and 19 events) and ongoing senior programs
  - Senior Games Spectators
  - the 2018 Floodplain Management Report is now available online
  - road closure on Laguna Forest on Sept. 11.
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## **Communications & Marketing**

Let the Senior Games begin! We all know that fans are a big part of sports, so we would love to have members of the public cheer on our athletes at all the Senior Games events going on now through Sept. 23. It's free to attend, and here's the schedule:

- Tennis (Singles, Doubles, and Mixed Doubles offered): 9 a.m.-2 p.m. Saturday and Sunday (started Friday) at the Palm Coast Tennis Center
- Archery (Compound Fingers, Compound Release, Recurve, Barebow, Compound, Barebow Recurve): 9 a.m.-noon Saturday at Indian Trails Middle School fields
- Cornhole: Noon-4 p.m. Saturday at the Tennis Center
- Horseshoes: 8:30-noon Wednesday at the Old Dixie Community Park in Bunnell
- Golf: 9 a.m.-3 p.m. Thursday at Palm Harbor Golf Club
- Pickleball (Singles, Doubles, and Mixed Doubles offered): 9 a.m.-4 p.m. Sept. 14-16 at Holland Park
- Bridge: 1-5 p.m. Sept. 14 at Palm Coast Duplicate Bridge Club, 1 Corporate Drive
- Cribbage: 8:30 a.m.-noon Sept. 19 at the Palm Coast Community Center
- Sailboat Racing: 11 a.m.-3 p.m. Sept. 20 at Central Park in Town Center
- Tai Chi: 1-4 p.m. Sept. 23 at the Community Center
- Ballroom Dancing: 1-7 p.m. Sept. 23 at the Community Center

See the full news release below or visit [www.palmcoastgov.com/seniorgames](http://www.palmcoastgov.com/seniorgames) for more info.

The other big event in our world this week is the Intracoastal Waterway Cleanup, set for 8 a.m. Saturday at the Community Center. It's not too late to participate! We wrapped up the cleanup campaign on Instagram this week, and we're proud of its success with nearly 1,000 impressions! Video Production has put together an environmentally themed video reel that will be shown Saturday as the volunteers return from the field with their treasure of trash. Join us there!

We would like to invite everyone to our Sept. 11 commemoration. We will have a short ceremony at 8:30 a.m. Tuesday at the flag pole at City Hall.

The Brand Plus Team met this week to discuss new recycling bin branding and to review upcoming blog posts for the Rooted In Nature campaign. Read the City's blog at [www.discoverpalmcoast.com](http://www.discoverpalmcoast.com).

Other news shared by the Division this week included: Food Truck Tuesday/Pink Army 5K kickoff (Sept. 18 event); All invited to Farewell Reception for Mayor Canfield (Sept. 21 event); Wellness Workshops (Sept. 17 and 19 events) and ongoing senior programs; the 2018 Floodplain Management Report is now available online; and a road closure on Laguna Forest on Sept. 11.

Palm Coast Television recorded and aired live the City Council business meeting and first budget hearing. The winners of the 2018 Find Your Florida Photo Contest were recognized at the Council meeting. We are in preproduction for an upcoming video promo for Palm Harbor Golf Club.

Graphic design this week included design of website buttons for the 311 webpage, design in progress for a program booklet for Mayor Canfield's farewell, created a save the date email for Birds of a Feather Fest, and created a registration email blast for the Intracoastal Waterway Cleanup. Posts were added to Facebook, Instagram and Twitter.



## City Clerk

- Processed 20 public records requests.
- Processed 2 litigation documents.
- Prepared and processed 6 documents for recording.
- Prepared and posted 2 agendas and 2 sets of approved meeting minutes to the web.
- Processed 1 resolution.
- Assisted in training Parks and Recreation personnel in Agenda Manager.
- Assisted in the coordination of the Legislative Roundtable Discussion with Representative Renner.



## Central Services Division

### Contracts Processed:

- Vertex Water Features – 3 Agreements for Cleaning and Maintenance of all city fountains - #'s 00574180, 00102080, 00574080 – 10/01/2018 – 09/30/2019
- Guardian Fueling Technologies – Piggyback for Fleet Management and Related Technology Solutions – RFP #022217 – 08/31/2018 – 06/01/2021

Central Services Division (continued)

Purchasing

Status	Ref. #	Project
Pending	RFSQ-CD-18-10	Professional Stormwater and Environmental Engineering Services
Pending	ITB-PW-U-18-57	Sod Materials and Sod Installation
Open	ITB-UT-18-52	Master Price Agreement for Specialized Coagulant Chemical (Total Organic Carbon Removal)
Open	RFS-IT-18-65	Request for Solutions (RFS) for City Wide Security Assessment and Master Plan Basin 9 (Pellicer Creek & Matanzas River) Freshwater Forested Wetland Mitigation
Open	RFP-CD-18-68	Bank Credits
Open	ITB-UT-18-72	Master Price Agreement Contract for Cleaning of three (3) Oxidation Ditches and two (2) Pump Stations at Waste Water Treatment Plant #1.
Open	LOI-CD-18-69	Request for Letter of Interest (LOI) for Wastewater Treatment Plant # 1 to Blairsville Drive Force Main Improvements Engineering Services
Open	ITB-UT-18-70	Master Services Agreement Contract for Liquid Lime Sludge (Calcium Oxide) removal, hauling and disposal from Water Treatment Plant #1.
Open	ITB-UT-18-71	Master Services Agreement Contract for Solid Dried Lime Sludge removal, hauling and disposal from Water Treatment Plant #1.
Evaluating	RFP-PW-18-61	Request for Proposal (RFP) for Master Services Agreement Contract for Concrete Repair Services
Evaluating	RFP-PW-18-62	Request for Proposal (RFP) for Master Services Agreement Contract for Guardrail Repair Services
Evaluating	RFP-PW-18-63	Request for Proposal (RFP) for Master Services Agreement Contract for Asphalt Repair Services
Evaluating	RFP-CD-18-60	Request for Proposal (RFP) for Master Services Contract for Weed Control of the Freshwater Stormwater Drainage System
Evaluating	RFSQ-CD-18-49 / ITB-CD-18-49	Palm Coast City Hall Emergency Generator
Completed	RFSQ-CD-18-41	Design Services for Lehigh Trail Trailhead at Belle Terre Parkway
Completed	RFSQ-CD-18-53 / ITB-CD-18-53	R-Section PEP Main Improvements, Phase 1
Completed	ITB-UT-18-55	Master Price Agreement Contract for Sodium Hydroxide 25%
Completed	ITB-UT-18-51	Master Price Agreement Contract for High Calcium Bulk Quicklime
Completed	ITB-UT-18-54	Master Price Agreement Contract for NSF 60 neat Anionic Polymer
Completed	ITB-CDBG-18-59	Community Development Block Grant
Completed	ITB-UT-18-64	Master Price Agreement for Liquid Polymer

## BUSINESS ASSISTANCE CENTER



### **The Palm Coast Business Assistance Center** Services Provided by the SBDC at UCF

Located at City Hall  
160 Lake Avenue  
Palm Coast, Florida 32164  
(386) 986-2499  
[www.PalmCoastBAC.com](http://www.PalmCoastBAC.com)

#### BUSINESS CONSULTING

- This Week – 5 Consulting Sessions, 14 Consulting Hours
- Total for Month – 5 Consulting Sessions, 14 Consulting Hours

#### PALM COAST BAC IMPACT

- Economic Impact This Fiscal Year - \$2,324,000
- Economic Impact to Date- \$28 Million
- Return on Investment - \$86 per Tax Dollar Invested

#### NEW PALM COAST HOME BASED BUSINESSES

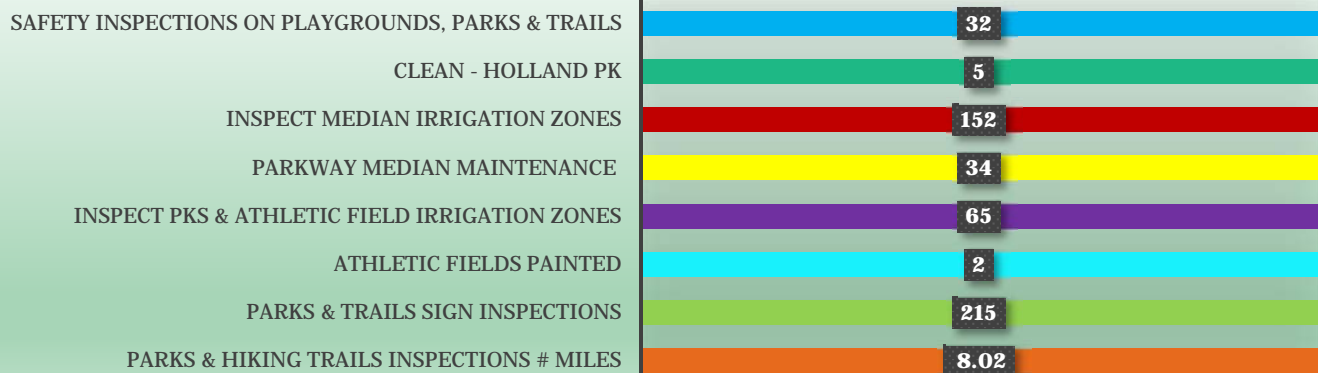
- Ultimate Battle Zone Sports LLC – Unclassified Personal Service
- Laurel Kasco – Entertainment Service
- SW Maintenance Inc – Pool Cleaning Service
- Easywork Landscaping – Landscape Service



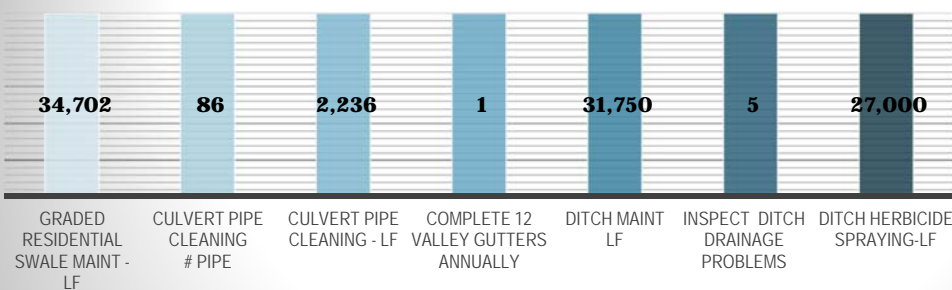
## PUBLIC WORKS – Nestor Abreu, Director



### Parks & Medians Division

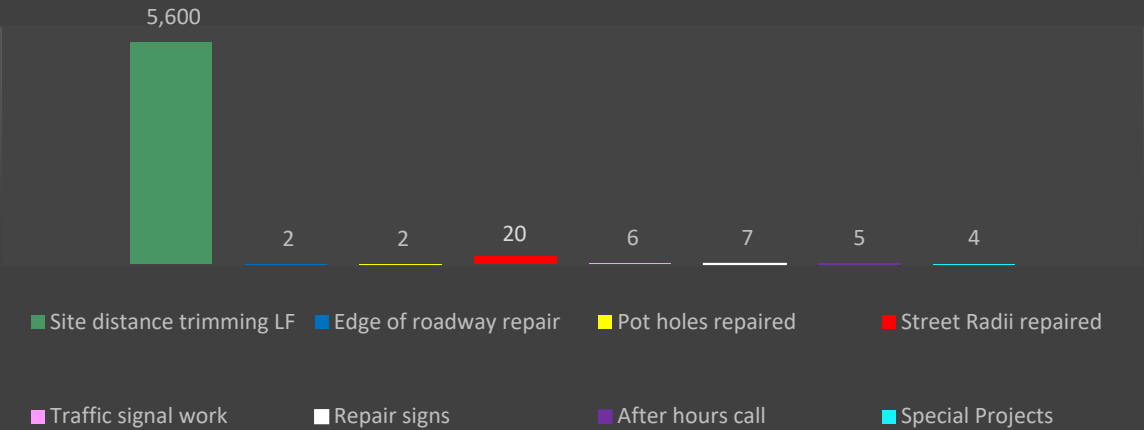


### Stormwater Division





# Streets Division



Installing new trees in median – Palm Harbor Pkwy



Edge of roadway repair  
Matanzas Woods Pkwy



Landscape improvements  
Palm Harbor Parkway



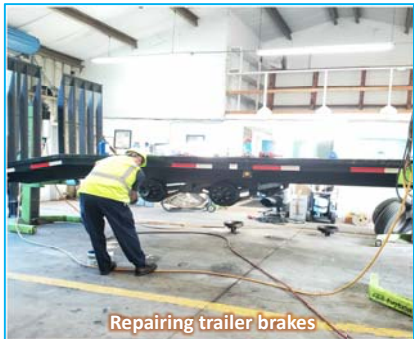
Stop sign replacement  
Whiteview Pkwy & Rolling Sands



Laying new sod  
Palm Harbor Pkwy



Repairing washouts along sidewalk – Belle Terre Pkwy

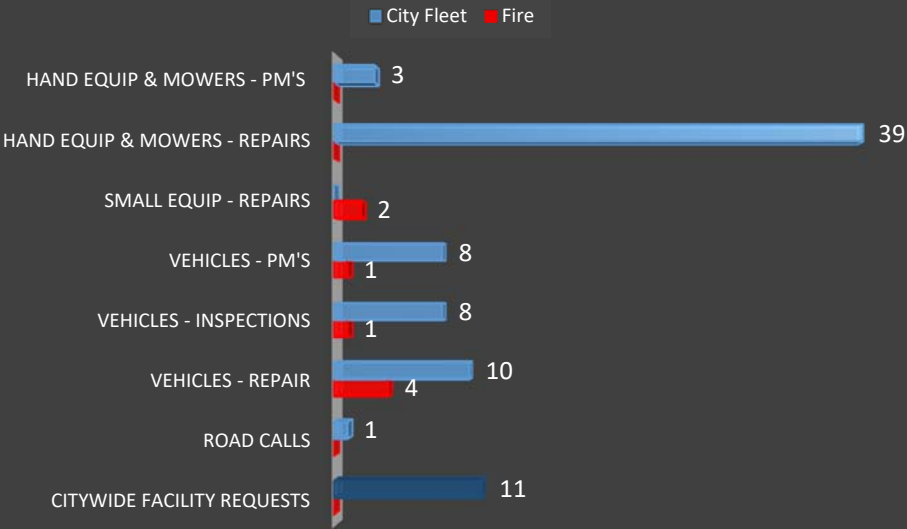


Repairing trailer brakes



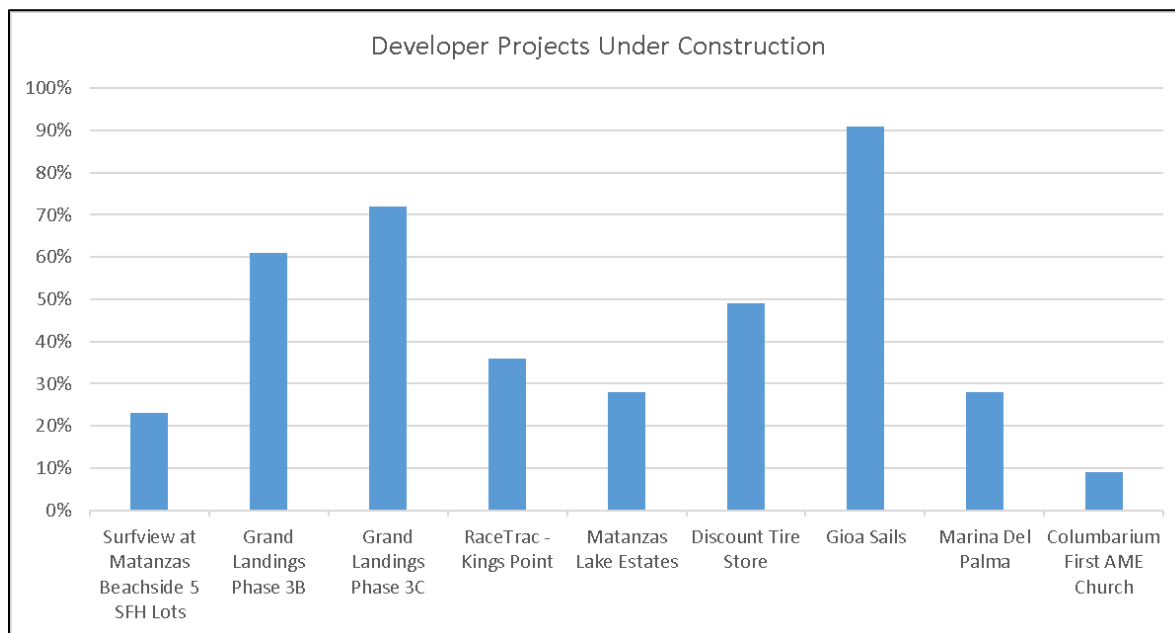
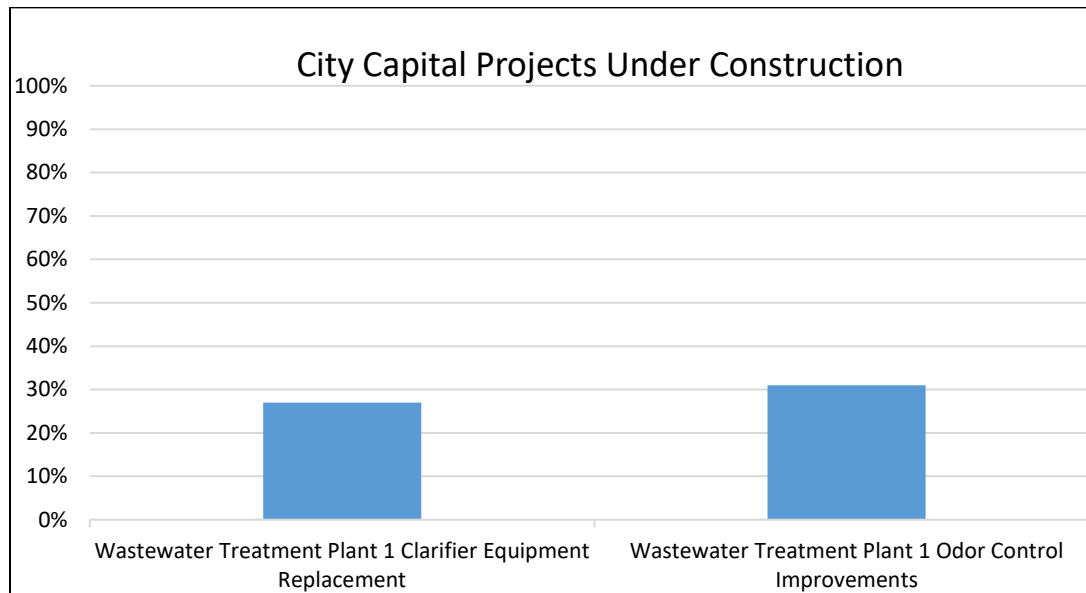
Replacing exhaust fan – Linear Park restroom

# Facility & Fleet Service



## COMMUNITY DEVELOPMENT – Stephen Flanagan, Director

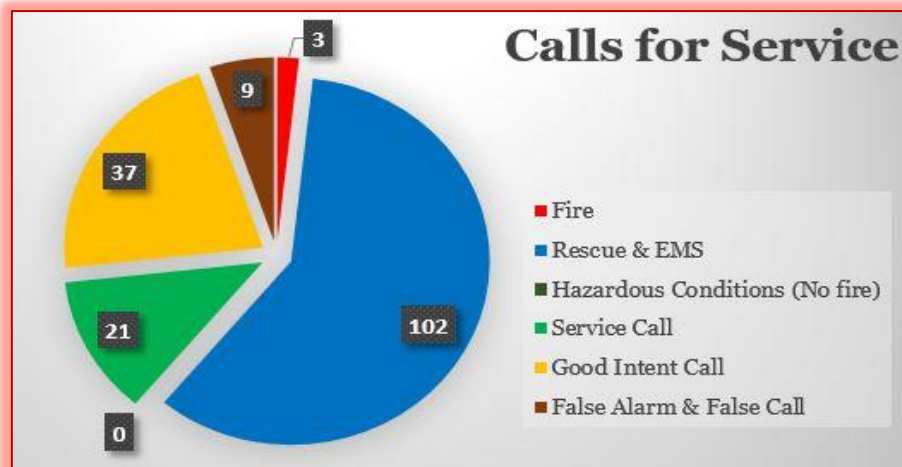
*DEVELOPMENT FOR THE PROTECTION OF THE CITY'S  
NATURAL RESOURCES, PUBLIC HEALTH, SAFETY, AND WELFARE.*



Commercial Permit Issued			
21 Cypress Point Parkway (Cypress Bank)	Walk Up ATM	CM Freeman CO.	\$10,000
1212 Palm Coast Parkway (Ollies Bargain Store)	Canopy at receiving area	Anchor Construction	\$2,100
Development Order Issues			
WAWA			
Construction value improvements from October 1, 2017 to date			\$316,288,963
Residential Single Family / Duplex Residences			10

**WAWA**





## GUIDANCE

### Tip of the Month:

It is National Preparedness Month! Do you know your evacuation zones? Deputy Fire Chief Forte explains why new evacuation signs are going up around Palm Coast intersections. Hint: There is a difference between Palm Coast's neighborhood Section letters (W, C, F, B etc.)...and Evacuation Zone letters, which have always held their own designations, related to emergencies.

<https://www.youtube.com/watch?v=Bl61XJntBc>

Volunteer Intern  
"Become a Volunteer"

<http://www.palmcoastgov.com/government/fire/volunteer>

Register for Basic First Aid & CPR or Healthcare Provider:

<http://www.palmcoastgov.com/government/fire/cpr>

## COMMUNITY OUTREACH

### Basic First Aid & CPR:

September 8 <sup>th</sup>	Class full
October 27 <sup>th</sup>	9 openings
November 17 <sup>th</sup>	12 openings
December 22 <sup>nd</sup>	12 openings

### Healthcare Provider:

December 7 <sup>th</sup>	8 openings
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## DEPARTMENT ACTIVITIES

Flagler Palm Coast High School students and Volunteer Firefighter Intern applicants have a total of 41 "Ride-Along" hours this week.

Firefighter Fajardo & Firefighter Strozier graduated from Daytona State College – Paramedic Program! Captain Ascone represented the department at their graduation ceremony.

The Palm Coast Fire Department launched its official Facebook Page. You can visit the page at [www.facebook.com/palmcoastfire](http://www.facebook.com/palmcoastfire).



**Congratulations to Firefighter Fajardo & Firefighter Strozier for graduating from Daytona State College – Paramedic Program!**  
(L-R) FF Fajardo, Captain Ascone, & FF Strozier)



## HIGHLIGHTS

### S-215 Class

Fire Training Coordinator Travis Greco offered the S-215 – Firefighting in the Urban Interface course with department officers and firefighters this week for a total of four days.



Fire Training Coordinator Greco and FF/PIO Juliano instruct the S-215 Firefighting in the Urban Interface course

### Preparing for a new Chief

Lieutenant David Faust is a jack-of-all trades. This week he painted the Fire Chief's Office and Fire Station 25 lobby, as we prepare for a new Fire Chief at the end of the month.



A fresh coat of paint for the Fire Chiefs Office and the lobby of Fire Station 25

### Ride Up Driver Engineer Test-Out

This week the Fire Departments apparatus training team hosted test outs for the ride up Driver Engineer. These positions allow Firefighters to ride up, get experience, and to eventually fill, open Driver Engineer positions. Candidates went through a rigorous test out with Driver Engineer Leo Chumaceiro.



DE Leo Chumaceiro puts one of the future Ride Up Drivers through a rigorous test out

## Parks & Recreation – Alex Boyer, Director

Palm Coast Shredders: Teen Mountain Biking kicked off this week. Participants met in Linear Park and learned about safety and team work. The program will continue to teach the necessary skills to be a successful and safe mountain biker. Our first class of Eddie Eagle GunSafe Program was held to a full class of children with their parents. Our very own Youth Supervisor was Eddie Eagle himself. He greeted each participant in full Eddie Eagle costume and assisted with the program's slogan and song: Stop. Don't Touch. Run Away. Tell a Grown Up.

We launched our first ever senior newsletter this week! The September edition recaps some of the August programs and fun while telling people what to expect for the month of August. The newsletter will come out monthly and is already being well-received.

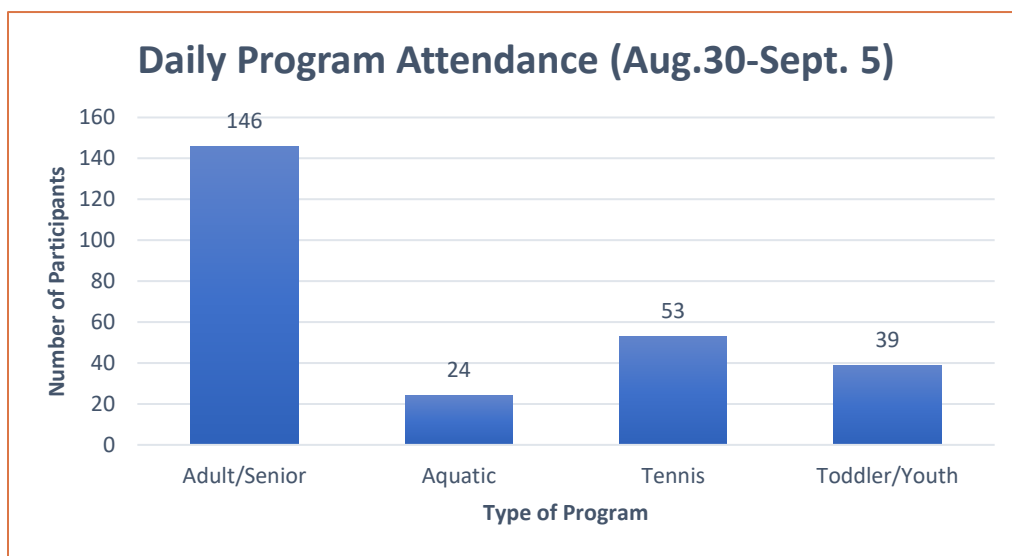
Our Marketing Supervisor developed and implemented a new social media strategy. We have grouped similar programs into types and come up with a catchy phrase to tie them together. We will make use of Facebook's carousel feature to post these programs together in order to cut down on the number of program reminder posts and present our information in a more cohesive way. This now frees up days for us to include trivia, polls, facility features, and other more interesting posts. We are excited for our new strategy and hope our followers enjoy it.

## Fall 2018 Activity Guide

<http://www.palmcoastgov.com/recreation>

## Online Registration & Activities List

<http://www.parksandrec.fun>



## Programs Offered this Week

### Adult/Senior

Game Day Social  
Wood Carvers  
Senior Social Corner  
Sit, Stitch, N' Give  
Color Me Happy  
Mah Jongg  
Open Art Studio  
Pinochle  
Line Dancing

### Health & Wellness

Couch to 5K Challenge  
Better Balance through Tai Chi  
REFIT® Revolution Dance Party

### Aquatics

Aqua Zumba  
Water Aerobics

### Athletics

Adult Open Gym Volleyball  
Adult Open Gym Basketball  
Open Pickleball  
Beginners' Pickleball

### Tennis - Adults

Beginner's Tennis  
Cardio Tennis  
Morning Blast Tennis  
Doubles Skills Tennis  
Round Robins

### Tennis - Youth

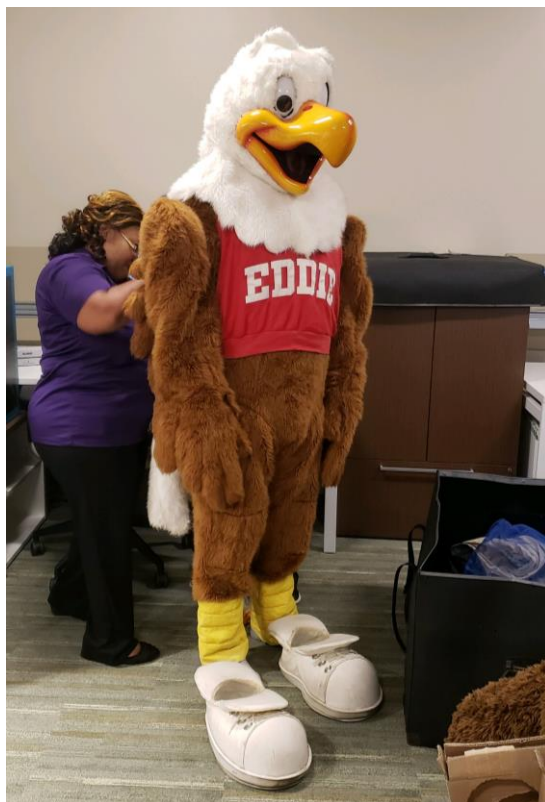
Tennis Tots  
Rookie Rallies  
Red Rallies  
Orange Rallies  
Green Rallies  
Junior Development

### Youth/Toddler

Musical Munchkins  
Little Kickers Soccer  
Eddie Eagle GunSafe Program

### Teen

Palm Coast Shredders Mountain Biking



Youth Supervisor as Eddie Eagle



REFIT® Revolution Dance Party

## COMING UP

**Sept. 7-23** – Senior Games

**Sept. 14** – Movies in the Park

**Sept. 18** – Food Truck Tuesday

**Sept. 17** – Florida Hospital Flagler Wellness Workshop

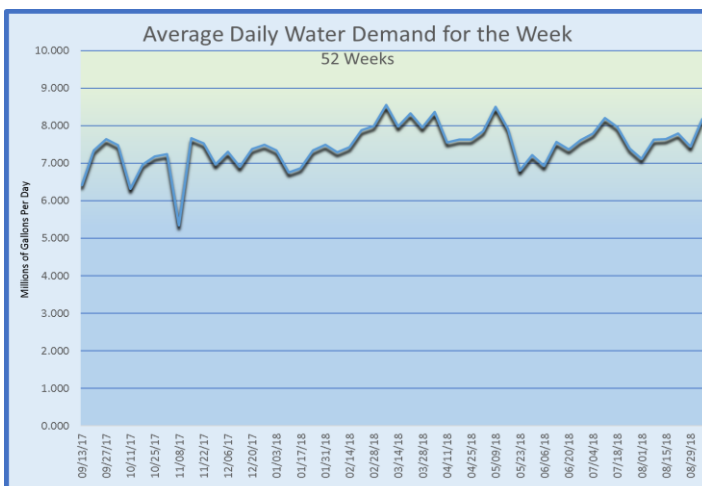
**Sept. 19** – Florida Hospital Flagler Wellness Screening

**Sept. 21** – Lunch N' Lecture

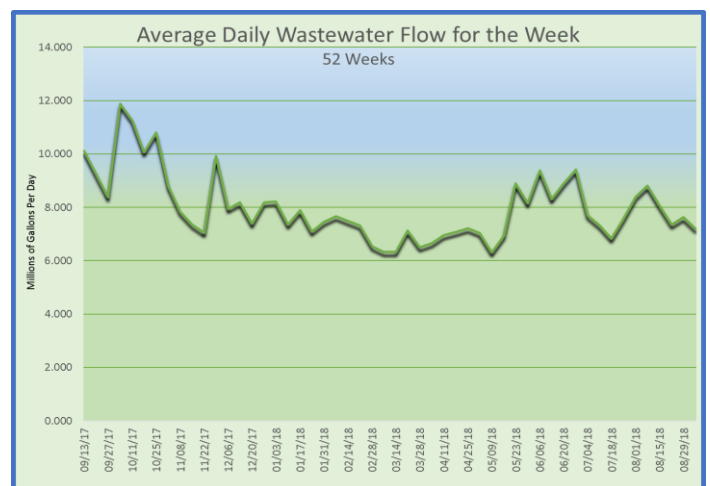
## Utility – Richard Adams, Director

9-6-2018

- The average water demand for the week was 8.183 million gallons per day.
- The average wastewater flow for the week was 7.194 million gallons per day.
- Crews installed 11 new water meters.
- There are 250 new meter installations pending, with 50 cleared and an average installation time of 4 weeks.
- Installed 11 new PEP tanks and replaced 4 tanks.
- There are 40 new PEP tanks pending and 13 PEP tank replacements pending. Currently all new tanks are being installed within 8 days of site ready.
- There were 67 calls after hours.
- Water Distribution crews repaired 4 water service lines, 4 manifolds, completed 9 meter pit adjustments/replacements and tested and repaired 104 backflow preventers.
- Wastewater crews installed 2 risers, replaced 6 PEP pumps, 3 floats, 2 cleanout caps, 2 back lids, 1 ball valve and box, 1 PEP panel and repaired 3 service laterals.
- Completed 2 pump stations annual maintenance inspections and 8 manholes.
- On September 4<sup>th</sup>, staff from Water Treatment Plant #2 and 3 attended a tour of the Jacksonville Electric Authority pilot plant on converting wastewater streams into potable drinking water.
- On Wednesday, September 5<sup>th</sup>, Brian Matthews organized a special training session with the operators employed by the St. Johns County Utility Department to help them understand the Lime Softening process. The tour began at 9:00 am and was given by our Water Treatment Plant #1 Chief Operator Donnie Holcomb along with Brian Matthews. The tour involved a discussion on the lime softening process including chemistry, rapid mix, coagulation, flocculation, sedimentation and the sludge handling process. Also discussed the filtration process including backwash and recovery, disinfection process and lab testing of different process parameters at different stages of treatment. Peter Roussell gave a formal technical training on the chemistry of lime softening which included a Power Point Presentation. A portion of the topics included the relationship between chemical states of alkalinity. The class was well received.



The average water demand for the week was 8.183 million gallons per day.



The average wastewater flow was 7.194 million gallons per day



## HIGHLIGHTS WATER QUALITY UNIDIRECTIONAL FLUSHING BEGINS

- The Water Quality Division has begun the unidirectional flushing which is a methodical approach to distribution system and water quality maintenance. The process involves designed sequences to open and close valves and hydrants for the entire system flushing from potable water source outward. This week the Water Quality staff concentrated work in the “P” section. Because this type of flushing can temporarily discolor tap water, our staff notified the customers in that area by phone and ones that could not be reached a door tag was issued for that resident. Sections of the distribution system will be flushed according to program design and will continue until completion.







## **NEWS RELEASE – City of Palm Coast**

Contact: Cindi Lane, Communications & Marketing Manager  
386-986-3708; cell 386-214-4729

**Sept. 4, 2018**

### **Kick off the Pink Army 5K at Palm Coast Food Truck Tuesday on Sept. 18**

**Palm Coast** – Join the City of Palm Coast and Florida Hospital Flagler in the fight against breast cancer at the Pink Army 5K kickoff during the next Food Truck Tuesday on Tuesday, Sept. 18, from 5-8 p.m.!

Food Truck Tuesday will be held along Park Street next to Central Park in Town Center. The address of Central Park is 975 Central Ave., Palm Coast.

Please wear pink to this month's Food Truck Tuesday. Proceeds will go to the Pink Army 5K Walk/Run in the fight against breast cancer.

Flagler Hospital Foundation will kick off its Pink Army 5K campaign for October at the event, with games and activities for the kids provided by Flagler Sheriff's PAL and entertainment by DJ Vern.

The 8<sup>th</sup> annual Pink Army 5K run/walk and pet-friendly One-Mile Fun Walk will be Sunday, Oct. 14, and the public can sign up at Food Truck Tuesdays or online at [www.palmcoastgov.com/Pink5K](http://www.palmcoastgov.com/Pink5K).

Each Food Truck Tuesday, presented by Palm Coast Parks & Recreation, features free entertainment and a variety of food trucks – mobile kitchens, canteens and catering trucks that offer up gourmet foods including appetizers, main dishes, side dishes and desserts. Many menus are kid-friendly.

The food trucks signed up for September include: Lee's Famous Cheesesteaks, Tiki T's, Cool Beans Barbeque and Catering, Monsta Lobsta, Surf n Soul, Sweet Treats The Big Cheese, London Fish and Chippy, Woodson's Wrap Shack, Sanford Café Rogue, Japanese Flair, Los Munchies, Bruster's Real Ice Cream and Kona Ice of Flagler County.

Food Truck Tuesdays is held every month, on the third Tuesday of the month, through October.

Food Truck Tuesdays is presented by Palm Coast Parks & Recreation. For more information, call 386-986-2323 or visit [www.palmcoastgov.com/foodtruck](http://www.palmcoastgov.com/foodtruck).



## **NEWS RELEASE – City of Palm Coast**

Contact: Cindi Lane, Communications & Marketing Manager  
386-986-3708; cell 386-214-4729

**Sept. 6, 2018**

### **All invited to Farewell Reception for Palm Coast's first Mayor, James Canfield**

**Palm Coast** – The City of Palm Coast's first Mayor, James V. Canfield, will soon be relocating to Maryland to be closer to his family, and the public is invited to a celebratory sendoff at a Farewell Reception set for 2 to 4 p.m. Friday, Sept. 21, at Palm Coast City Hall, 160 Lake Ave.

Canfield's friends and colleagues will share memories and make presentations; the formal program will begin at 3 p.m. Members of the public will also have an opportunity to share memories and well wishes.

Several organizations in which Canfield has been involved during his nearly 30 years in Palm Coast are presenting the reception. They include Friends of Golf and Tennis, the Irish Social Club, the Palm Coast Elks Lodge, the Palm Coast Historical Society and Sludgehammers Golf.

Canfield retired to Palm Coast from his home state of New York in 1989 following a distinguished career as a teacher, principal and superintendent in the New York City School System. He was instrumental in directing a grassroots Home Rule Coalition that led to the City's 1999 incorporation as an official municipal government. Once the citizens of Palm Coast voted to incorporate, they elected Canfield from a group of nine candidates to be the first to lead the City.

During his seven-year tenure, Mayor Canfield helped manage unprecedented growth in the City. Palm Coast was the fastest-growing small city in the nation in 2006. The Mayor and City Council's challenge during that time was to guide the City through its epic growth while also maintaining the integrity of its highly sought-after quality of life.

Over the years, Canfield has remained active in many civic organizations. He is a regular at community events.

For more information about the Farewell Reception planned for Sept. 21, please contact Cindi Lane, Communications & Marketing Manager, at [clane@palmcoastgov.com](mailto:clane@palmcoastgov.com) and 386-986-3708.



**NEWS RELEASE – City of Palm Coast**

Contact: Cindi Lane, Communications & Marketing Manager  
386-986-3708; cell 386-214-4729

**Sept. 5, 2018**

**Stay healthy with Wellness Workshop on Sept. 17 & Wellness Screening on Sept. 19**

**Palm Coast** – Palm Coast Parks & Recreation, in partnership with Florida Hospital Flagler, is offering two free opportunities in September to help residents stay healthy! Registration is now open.

A Wellness Workshop focused on increasing flexibility and keeping your muscles firm is set for 10-11 a.m. Monday, Sept. 17, at the Palm Coast Community Center, Palm Coast Pkwy. NE. The workshop will be led by PT Solutions and will provide information on working your muscles to move better, bend more easily and reach higher.

Then, from 9-11 a.m. Wednesday, Sept. 19, the monthly Wellness Screening with this month's theme of musculoskeletal issues will be held at the Community Center. Florida Hospital Flagler personnel will provide the free screening. Musculoskeletal issues relate to muscles, ligaments and tendons, and bones. Pain, fatigue and sleep disturbances – including a feeling of an all-over body ache – are common symptoms.

Both the Wellness Workshop on Sept. 17 and the Wellness Screening on Sept. 19 are free. But please pre-register to assist with event planning: [www.parksandrec.fun/wellness](http://www.parksandrec.fun/wellness).

In addition, the City offers many ongoing, weekly programs at the Community Center to help adult residents stay active, physically and mentally. Some highlights of Parks & Rec's fall program for adults and seniors are:

**Sit, Stitch 'N Give and Color Me Happy** – Every Monday morning 9-11. Come chat, knit, crochet, embroider, color with colored pencils, etc. All levels of experience are welcome. Free, but please pre-register at [www.parksandrec.fun/seniors](http://www.parksandrec.fun/seniors).

**Line Dancing from the Ground Up** – Every Monday evening 6-8. Two levels: beginner or intermediate. \$3 per week for those who pre-register; \$5 drop-in. Sign up at [www.parksandrec.fun/seniors](http://www.parksandrec.fun/seniors).

**Nature/Fitness Walks** – Tuesday mornings 8:30-9:30 twice a month, starting at the Community Center Trail Head. Free, but please pre-register: [www.parksandrec.fun/wellness](http://www.parksandrec.fun/wellness).

**Yoga for All** – Tuesday mornings 8:30-9:30, Sept. 18-Nov. 6. Yoga for all levels. \$35/person for the eight-week session. Register at [www.parksandrec.fun/wellness](http://www.parksandrec.fun/wellness).

**Gentle Yoga** – Tuesday mornings 10-11, Sept. 18-Nov. 6. This is a chair yoga class with no floor work. \$25/person for the eight-week session. Register at [www.parksandrec.fun/wellness](http://www.parksandrec.fun/wellness).

**Senior Social Corner** – Every Tuesday and Thursday 10 a.m.-noon. Join our Senior Social Corner and make new friends! Free; sign up at [www.parksandrec.fun/seniors](http://www.parksandrec.fun/seniors).

**Wood Carvers** – Every Tuesday 1-4. This program is open to men and women of all levels and abilities. Participants must bring their own materials. Free but please register at [www.parksandrec.fun/seniors](http://www.parksandrec.fun/seniors).

**Pinochle** – Every Tuesday 1-4. Play pinochle with your friends and neighbors! Free but please register at [www.parksandrec.fun/seniors](http://www.parksandrec.fun/seniors).

**Open Art Studio** – Every Wednesday 9 a.m.-noon. Bring your own materials and work on your creative project. Free but please register at [www.parksandrec.fun/seniors](http://www.parksandrec.fun/seniors).

**Better Balance through Tai Chi** – Wednesday mornings 10-11, through Dec. 12. People of all fitness levels can move for better balance in this group class. \$7 per class. Please pre-register at [www.parksandrec.fun/wellness](http://www.parksandrec.fun/wellness).

**Mah Jongg** – Every Wednesday afternoon 1-4. Make new friends while playing this game of skill, strategy, and calculation. Free but please register at [www.parksandrec.fun/seniors](http://www.parksandrec.fun/seniors).

**Game Day Social** – Every Thursday afternoon 12:30-4. Play dominos, card games or board games. Light refreshments are served at this free program. There is no need to sign up in advance.

For more information, contact Palm Coast Parks & Recreation at 386-986-2323.



## **NEWS RELEASE – City of Palm Coast**

Contact: Cindi Lane, Communications & Marketing Manager

Office: 386-986-3708; Cell: 386-214-4729

**Sept. 4, 2018**

### **Cheer on the athletes at the Palm Coast & the Flagler Beaches Senior Games**

**Palm Coast** – Let the games begin! The Palm Coast & the Flagler Beaches Senior Games, presented by Florida Hospital Flagler, kick off Friday, Sept. 7, and continue through Sept. 23.

The public is invited to attend and cheer on the athletes at two weeks' worth of competitions at various locations in Palm Coast and Bunnell. Admission for spectators is free.

Men and women ages 50 and up will be competing in 11 sports and activities in the Senior Games. The Palm Coast & the Flagler Beaches Senior Games are sanctioned by the Florida Sports Foundation and serve as a local qualifying event for the Florida Senior Games State Championships in six sanctioned sports: archery, horseshoes, pickleball, tennis, golf and tai chi.

This year's events are:

- **Tennis** (Singles, Doubles, and Mixed Doubles offered): 9 a.m.-2 p.m. Sept. 7-9 at the Palm Coast Tennis Center, 1290 Belle Terre Pkwy., Palm Coast
- **Archery** (Compound Fingers, Compound Release, Recurve, Barebow, Compound, Barebow Recurve): 9 a.m.-noon Sept. 8 at Indian Trails Middle School fields, 5455 Belle Terre Pkwy., Palm Coast
- **Cornhole**: Noon-4 p.m. Sept. 8 at the Palm Coast Tennis Center, 1290 Belle Terre Pkwy., Palm Coast
- **Horseshoes**: 8:30-noon Sept. 12 at the Old Dixie Community Park – N. Old Dixie Hwy., Bunnell
- **Golf**: 9 a.m.-3 p.m. Sept. 13 at Palm Harbor Golf Club, at 20 Palm Harbor Parkway, Palm Coast
- **Pickleball** (Singles, Doubles, and Mixed Doubles offered): 9 a.m.-4 p.m. Sept. 14-16 at Holland Park, 18 Florida Park Drive, Palm Coast
- **Bridge**: 1-5 p.m. Sept. 14 at Palm Coast Duplicate Bridge Club, 1 Corporate Drive, Palm Coast
- **Cribbage**: 8:30 a.m.-noon Sept. 19 at the Palm Coast Community Center, 305 Palm Coast Pkwy. NE, Palm Coast
- **Sailboat Racing**: 11 a.m.-3 p.m. Sept. 20 at Central Park in Town Center, 975 Central Ave., Palm Coast



- **Tai Chi:** 1-4 p.m. Sept. 23 at the Palm Coast Community Center, 305 Palm Coast Pkwy. NE, Palm Coast
- **Ballroom Dancing** (Waltz, Foxtrot, Tango, Swing, Rumba and Cha Cha): 1-7 p.m. Sept. 23 at the Palm Coast Community Center, 305 Palm Coast Pkwy. NE, Palm Coast

The Senior Games are sponsored by Florida Hospital Flagler, the title sponsor this year, and also sponsored by the Palm Coast Observer and Lancaster Archery Supply. Find *Your Game* at the 2018 Palm Coast & the Flagler Beaches Senior Games!

For more information, visit [www.palmcoastgov.com/seniorgames](http://www.palmcoastgov.com/seniorgames) or call Palm Coast Parks & Recreation at 386-986-2323.



## **NEWS RELEASE – City of Palm Coast**

Contact: Cindi Lane, Communications & Marketing Manager  
386-986-3708; cell 386-214-4729

**Sept. 5, 2018**

### **City of Palm Coast releases 2018 Annual Floodplain Management Report**

**Palm Coast** – The City of Palm Coast has completed its 2018 Annual Floodplain Management Report, which details the City's efforts to protect citizens and property from flooding disasters.

The report has been posted on the City website, and all are invited to review it at [www.palmcoastgov.com/flood-prep](http://www.palmcoastgov.com/flood-prep).

Of note this year is that new Flood Insurance Rate Maps took effect across Flagler County on June 6. For residents who have a mortgage on their homes, if your property was rezoned to a flood hazard area during that process, you may have already received a letter from your lending institution explaining the requirement to obtain flood insurance. But for homeowners who don't have a mortgage, the City of Palm Coast recommends you check the new Flood Zone Maps to determine whether your property was rezoned to a higher risk flood hazard area.

To determine if your floodplain designation has changed, contact the City floodplain managers, and they will issue a flood zone determination letter for your property at no cost. The contact is City Administration Coordinator Denise Bevan at [dbevan@palmcoastgov.com](mailto:dbevan@palmcoastgov.com) and 386-986-2458.

"Nearly 25 percent of all flood-related insurance claims come from a moderate- to low-risk area, which shows flooding can occur anywhere," said Bevan, a Certified Floodplain Manager who coordinates the City's program. "Flood insurance is the best way to protect yourself and your family from devastating financial loss. Standard homeowners insurance doesn't cover damage due to flooding."

To learn more about flood insurance visit <https://www.floodsmart.gov/>.

The City works as part of the Flagler County Local Mitigation Strategy Working Group to evaluate mitigation actions that can help reduce the risk of flooding and other recognized hazards.

Each year, the City does numerous capital projects, such as bridge rehabilitation and reconstruction of water control structures, replaces older stormwater pipes, and performs maintenance on the drainage system including swales, ditches and canals. The City's certified floodplain managers do community outreach to educate citizens about flood hazards and the National Flood Insurance Program.

The City does the Annual Floodplain Management Report each year as part of requirements to maintain a specific status in order to provide discounts on certain flood insurance premiums for citizens who might live in specific flood hazard areas.

The report explains the City's participation in the Community Rating System (CRS) of the National Flood Insurance Program (NFIP). Since May 2017, Palm Coast residents have benefitted from an additional discount in flood insurance premiums. For insurance holders located within a special flood hazard area (A and AE zones), a 30-percent reduction will be applied at renewal which is an average savings of \$120 per policy. For properties outside a special flood hazard area, a 10-percent discount will remain the same. No discounts are applicable to those holders of preferred risk policies, which are already significantly discounted.

For more information, contact Cindi Lane, Communications & Marketing Manager, at 386-986-3708 or [clane@palmcoastgov.com](mailto:clane@palmcoastgov.com).



**Sept. 6, 2018**

**Temporary road closure: Laguna Forest Trail on Sept. 11**

**Palm Coast** – The City of Palm Coast Public Works Department is planning a temporary road closure in the coming week as it installs a new drainage pipe.

From 7:30 a.m. to 3:30 p.m. Tuesday, Sept. 11, the roadway in front of 2 Laguna Forest Trail will be closed. This temporary road closure is near where Laguna Forest intersects with Belle Terre Boulevard.

Residents will need to use Citation Boulevard to access to their homes while the road is closed.

The City of Palm Coast appreciates the patience and cooperation of residents and motorists during this important drainage improvement project.

For more information, call Customer Service at 386-986-2360.



290 Cats

63 Dogs

## *Animals ready for homes*

While the Flagler Humane Society (FHS) is mainly known for adopting out homeless dogs and cats to the residents of Flagler County, they also specialize in another sector of the animal kingdom...pocket pets. Pocket pets, small mammals commonly kept as house pets, are surrendered to FHS regularly. One of the most common reasons for owners surrendering these pets are that they did not realize how much work it is to take care of them and their upkeep. FHS house bunnies, guinea pigs, hamsters, and ferrets for adoption. Some things to consider when it comes to purchasing a pocket pet is personal circumstances, housing for the pet, and ability to provide the fresh food that make up their special diets. If you have any questions regarding Flagler Humane Society or for more information on pocket pets, be sure to call them at (386) 445-1814.

**Donation Opportunities:** The *Flagler Humane Society Thrift Store* always accepts donations. They cannot take in any computers/printers or large appliances. Call 386-597-2839 and leave a message. Call for our new store location where we will soon be collecting donations. “*General Donations*” can be dropped off anytime at your convenience. FHS appreciates all donations, especially those from our Wish List (available at [flaglerhumanesociety.org/wish-list](http://flaglerhumanesociety.org/wish-list)). You can also purchase items via the Amazon.com link on the FHS website and ship them directly to the shelter.

**Outreach Adoption Events:** Don't forget that FHS have volunteers and adoptable pets at Petco, PetSmart, Pet Supermarket and Tractor Supply in Palm Coast. Stop by and see our adoptable pets! Want to be a volunteer? Attend an orientation! Orientations are held at noon in the Humane Society education room every second Saturday of the month. Applications can be found on the FHS website. Interested in fostering? Contact our adoption specialist at [adopt@flaglerhumanesociety.org](mailto:adopt@flaglerhumanesociety.org).

**Adoption Specials:** BOGO kittens! Adopt one and get a friend for free!

**Upcoming Fundraisers/Events:** See the FHS Website for information on our upcoming events.

**Offered Services:** The Flagler Humane Society has a variety of *Subsidized Spay & Neuter Programs* for members of the community that need to have their pets or community pets sterilized. Please call FHS at 386-445-1814, email [info@flaglerhumanesociety.org](mailto:info@flaglerhumanesociety.org) for questions.

FHS has a *Wellness Clinic* for minor veterinary issues. Call 386-445-1814 for Appointments. *Low Cost Vaccination Clinics* are held on the 1<sup>st</sup> and 3<sup>rd</sup> Saturdays of every month from 1pm-3pm. FHS also offers a “*Pet Food Pantry*” for those that are in need of assistance. Please call for more information.

**To keep up with Flagler Humane Society happenings** – visit us on the FHS Facebook/Twitter/Instagram/Website at [www.flaglerhumanesociety.org](http://www.flaglerhumanesociety.org), or via email at [info@flaglerhumanesociety.org](mailto:info@flaglerhumanesociety.org).

## Pet of the Week



### TRIXIE

Trixie is a sweet 4 year old Great Dane / Hound / Lab mix. She is waiting to be spayed but is microchipped and up to date with vaccinations. She has been in play group and done well. She was very nervous at first as she was not properly socialized and only had one owner with no outside people coming in to meet. She was pulled by FHS from Putnam County Animal Control to get more behavior training and exposure. Come and meet this big loving girl today. She is very active and would love an active couple.

#### **Adoption specialist:**

Katrina Geigley  
[adopt@flaglerhumanesociety.org](mailto:adopt@flaglerhumanesociety.org)

#### **Outreach Manager:**

Katie Share  
[kshare@flaglerhumanesociety.org](mailto:kshare@flaglerhumanesociety.org)