12/14/2018

City Manager's WEEK-IN-REVIEW

in the Spotlight

Highlights

The holiday season is in full swing and many came out to Town Center last weekend to enjoy a magical night for the Starlight Parade. Floats were beautifully decorated and adorned with festive trees, candy canes, and colorful, twinkling lights with the Fantasy Lights in Central Park as the backdrop. Many families made an evening out of it by coming early for the special shows, train rides and the chance to see and talk to Santa Claus. Children and adults alike lined the parade route supporting our local community and parade participants. The winners of the parade float decorating contest are listed in a news release below.

Announcements

Senior Special Event – Christmas Party with Santa
Friday, December 21, 11:00am – 12:30pm
Community Center

Annual Christmas Tree Recycling Event
Saturday, January 5, 8am – 1pm
Utility Fuel Depot

Next Week:

- *Tuesday, December 18, City Council Meeting, 9am, City Hall – Community Wing, 160 Lake Avenue*
- *Wednesday, December 19, Planning and Land Development Regulation Board, 3pm, City Hall – Community Wing, 160 Lake Avenue*

Attachments

- Administrative Services & Economic Development Department Update
- BAC Update
- Public Works Department Update
- Community Development Department Update
- Fire Department Update
- Parks & Recreation Department Update
- Utility Department Update
- Humane Society Update

News Releases

- Birds of a Feather Fest registration opens

- Starlight Parade winners announced
- Smoke Testing in Wild Oaks subdivision Dec. 17-21
- January 2019 calendar of events

ADMINSTRATIVE SERVICES & ECONOMIC DEVELOPMENT-Beau Falgout, Interim City Manager

Communications & Marketing

Our Division was very excited to provide the social media coverage for the Starlight Parade! Enjoy our posts on Facebook and Instagram, and watch the parade video on Facebook or on the City's YouTube Channel at: https://www.youtube.com/watch?v=hc0sI_1kLP0.

This week we distributed a news release announcing the parade winners:

- Best of Parade – Lowe's
- Best Marching Unit – Flagler Palm Coast High School
- Best Float – Oceans Fence and Railing
- Best Decorated Vehicle – Innovative Dance Company
- Best School Pride – Matanzas High School

Other big news released this week is the opening of registration for the 5th annual Birds of a Feather Fest, coming Feb. 7-10. National Audubon Society Chief Network Officer David Ringer will give this year's free keynote lecture, "Protecting Birds Together, Today and Tomorrow." The four-day festival will feature guided birding trips, photography workshops, speakers, social events, and family activities. With a focus on both beginners and experienced birders, the festival offers something for everyone. Check out the schedule at www.birdingfest.com and watch the promo video at https://youtu.be/srKDojIok84.

Other announcements and news releases this week included the January calendar of events (yes, 2019!) and Smoke Testing in the Wild Oaks subdivision Dec. 17-21. The Division also staffed the City Council Workshop.

Graphic design included a new BAC logo, design of the Citizen Survey promo card, Birds of a Feather Fest ads, Citizen Survey ad, and Tree Recycling Event ad. Posts were added to Facebook/Twitter/Instagram. This week's social media focus was promoting registration opening for the Birds of a Feather Fest.

City Clerk

- Processed 5 public records requests.
- Processed 2 litigation documents.
- Prepared and processed 28 documents for recording.
- Prepared 1 agenda items.
- Prepared 1 proclamations.
- Prepared and posted 1 agendas to Web.
- Processed 4 bonds.

Social Media
POST OF THE WEEK

Central Services Division

Purchasing

Status	Ref. #	Project
Pending	ITB-UT-19-19	Master Services Agreement Contract for Solid Dried Lime Sludge removal, hauling and disposal from Water Treatment Plant #1.
Pending	RFQ-UT-19-24	SCADA Support Software (Rockwell Factory Talk) and PLC Maintenance
Open	RFP-IT-19-21	City Wide VoIP Phone System
Evaluating	RFSQ-CD-18-49 / ITB-CD-18-49	Palm Coast City Hall Emergency Generator
Reopened	RFSQ-CD-19-02 / ITB-CD-19-02	Pump Station "D" Improvement
Reopened	ITB-CD-19-04	Backup Power to Five (5) Pump Stations FEMA Contract #4283-27-R
Reopened	ITB-CD-19-05	Backup Power to Five (5) Pump Stations FEMA Contract #4283-31-R
Reopened	ITB-CD-19-06	Backup Power to Five (5) Pump Stations FEMA Contract #4283-33-R
Reopened	ITB-CD-19-07	Backup Power to Five (5) Pump Stations FEMA Contract #4283-34-R
Reopened	ITB-CD-19-08	Backup Power to Five (5) Pump Stations FEMA Contract #4283-35-R
Reopened	ITB-CD-19-09	Backup Power to Five (5) Pump Stations FEMA Contract #4283-36-R
Reopened	RFSQ-UT-19-18 / ITB-UT-19-18	2019 Sanitary Sewer Lining
Completed	RFSQ-SW-18-10	Professional Stormwater and Environmental Engineering Services
Completed	ITB-PW-19-13	Landscape Chemicals and Fertilizers
Completed	RFSQ-CD-19-12	Professional Utility Engineering Services
Completed	ITB-PW-19-15	Road Materials (Road Base, Stone, Shell and Rock) Master Price Agreement Contract
Completed	ITB-UT-19-16	Rehabilitation of Wastewater Structures (Manholes, Wetwells, and other Wastewater Structures)
Completed	ITB-PW-19-17	Culvert Pipes (Aluminized Corrugated Metal and High Density Polyethylene - HDPE)

Contracts Processed:

- CDW Direct, LLC (Cisco Webex) – Service Order for WebEx – 12/12/2018 -12/11/2019
- Caterpillar Inc. – Piggyback for Electrical Power Parts and Services - #120617-CAT – 12/08/2018 – 01/29/2022
- CPH, Inc. – Service Agreement for Design Services for Lehigh Trail Trailhead – RFSQ-CD-18-41 – 270 Days from NTP.
- CPH, Inc. – MSA for Stormwater & Environmental Engineering Services – RFSQ-SW-18-10 –12/8/2018– 12/7/2021
- Several Cultural Arts Grant Agreements Processed
- Fisher Scientific, LLC – Piggyback for Fire Rescue Hazmat Supplies – Y17-1095-MV – 12/08/2018 – 12/07/2019
- GAI Consultants Inc. – MSA for Stormwater and Engineering Svcs – RFSQ-SW-18-10 – 12/12/2018 - 12/11/2021
- Garland / DBS Inc. – Piggyback for Roofing Supplies – 14-5903 – 12/08/2018 – 12/31/2019
- Hacros Chemicals Inc. – MPA for Specific Chemicals – SS-UT-18-52 – 12/12/2018 – 12/11/2019
- Mead & Hunt Inc. – MSA for Engineering Services – RFSQ-SW-18-10 – 12/12/2018 – 12/11/2021
- Port Consolidated – Piggyback for Fuel Products – 14-0618 – 11/30/2018 – 12/31/2019

BUSINESS ASSISTANCE CENTER

The Palm Coast Business Assistance Center
Services Provided by the SBDC at UCF

Located at City Hall
160 Lake Avenue
Palm Coast, Florida 32164
(386) 986-2499
www.PalmCoastBAC.com

BUSINESS CONSULTING

- This Week – 16 Consulting Sessions, 49 Consulting Hours
- Total for Month –16 Consulting Sessions, 49 Consulting Hours

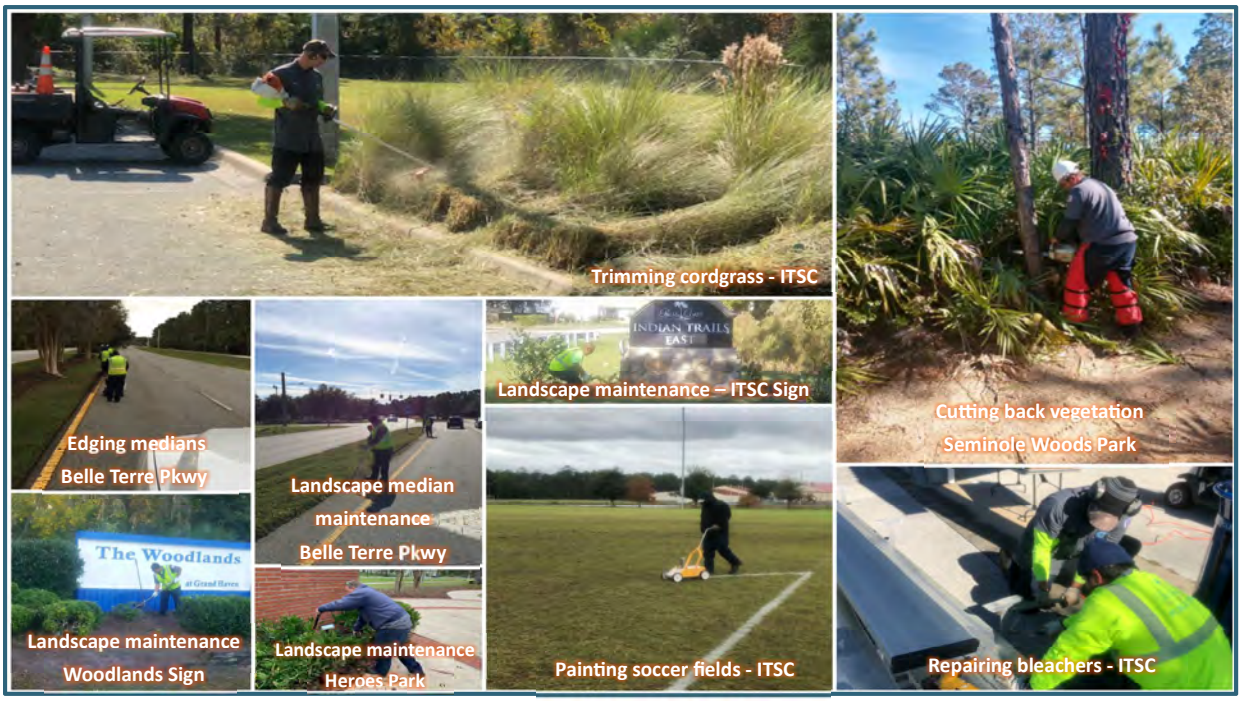
NEW PALM COAST COMMERCIAL BUSINESSES

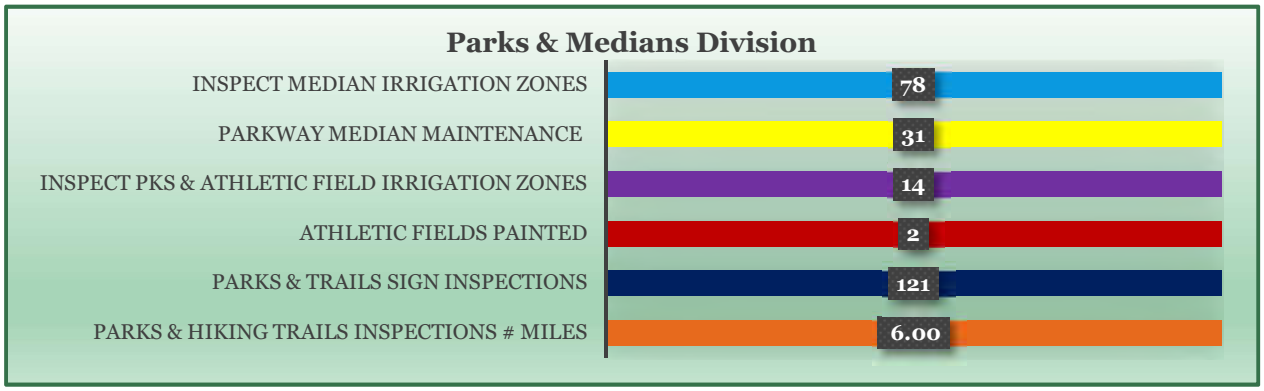
- Jimmy John's – 50 Plaza Drive – Restaurant
- RaceTrac – 6100 State Hwy 100 E – Gas Station & Retail
- Tuscan Gardens of Palm Coast LLC – 650 Colbert Lane – Assisted Living Facility
- Boulder Rock Dental Group LLC – 5 Boulder Rock Drive - Dentist

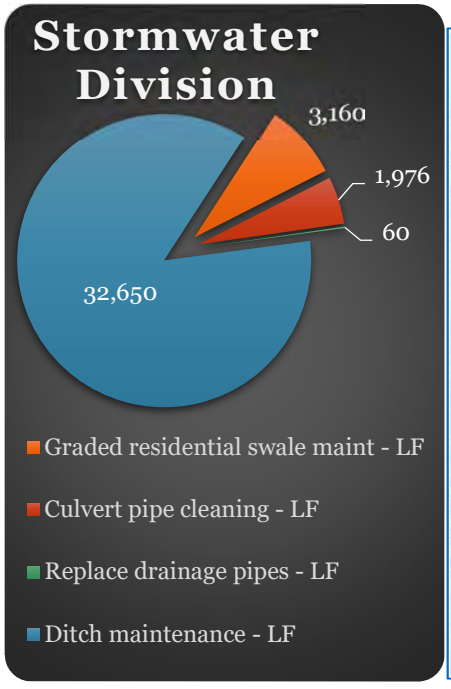
NEW PALM COAST HOME-BASED BUSINESSES

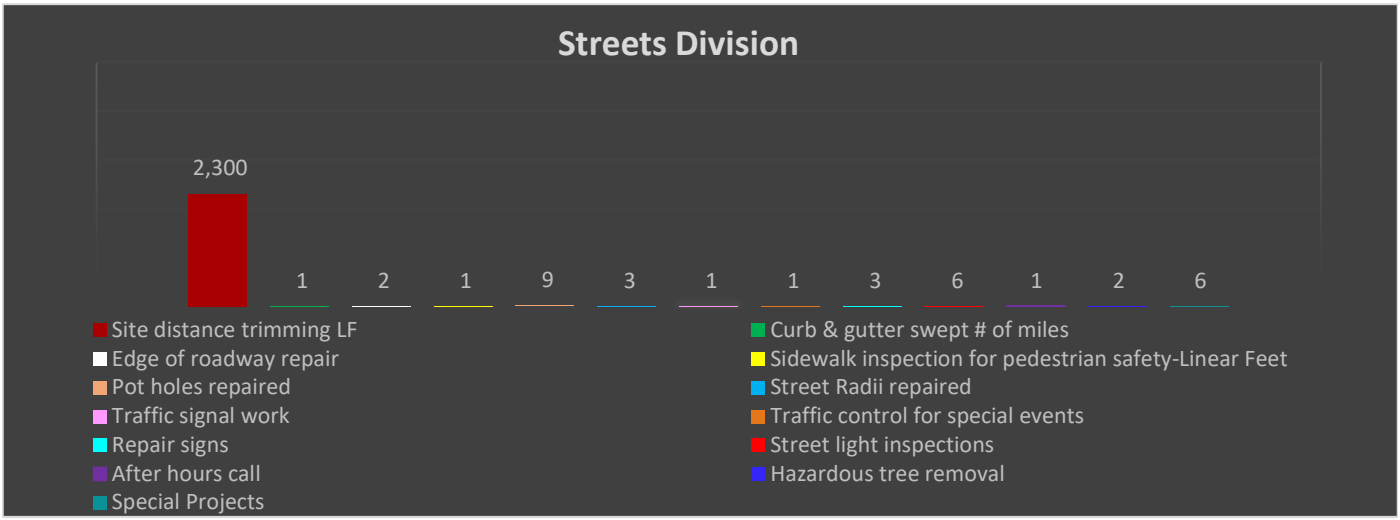
- Oasis Landscape Management – Landscape Service
- Stone It's Not – Retail Sales
- Wet Wheels Pressure Cleaning LLC – Power Washing
- Palm Coast Executive Travel – Car Service
- VV Auto Care LLC – Unclassified Personal Service
- Hennigan Engineering & Precision LLC – Engineering Firm
- Lilly Greene – Retail Sales
- Attention to Detail Mobile Detailing & Pressure Washing Services – Power Washing

PUBLIC WORKS – Nestor Abreu, Director

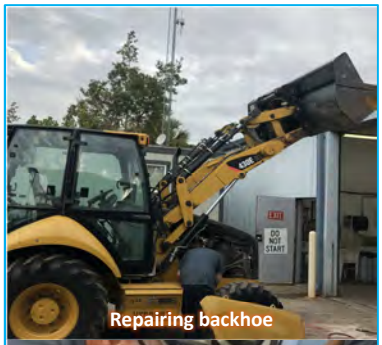




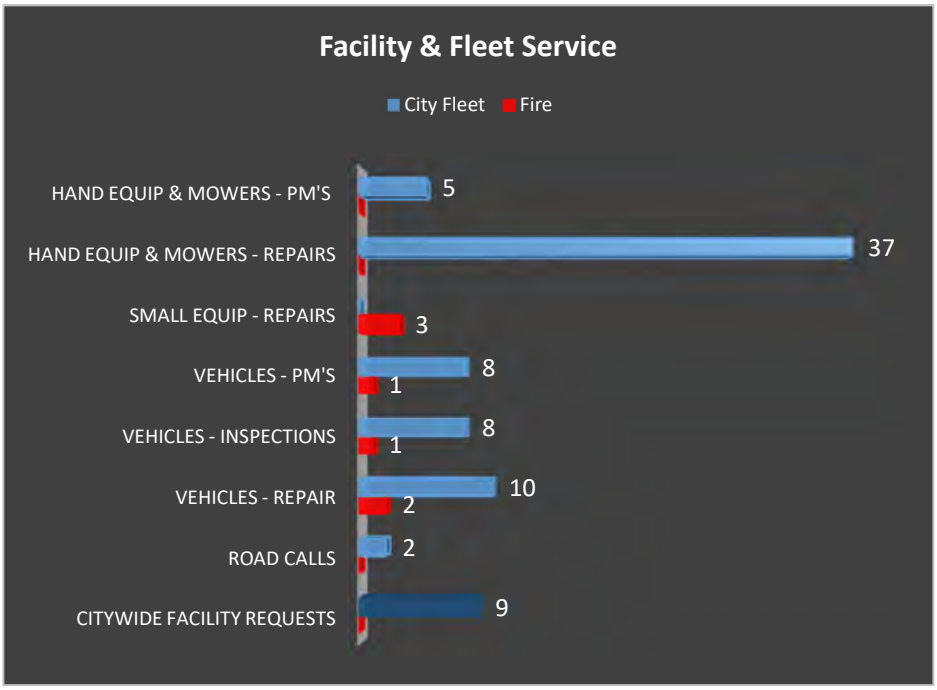



Streets Division
2,300
1
2
1
9
3
1
1
3
6
1
2
6
Site distance trimming LF
Edge of roadway repair
Pot holes repaired
Traffic signal work
Repair signs
After hours call
Special Projects
Curb & gutter swept # of miles
Sidewalk inspection for pedestrian safety-Linear Feet
Street Radii repaired
Traffic control for special events
Street light inspections
Hazardous tree removal

Clearing City parcel – Bulldog Drive
Door replacement
Waterfront Park
Pothole repair
Belle Terre Pkwy
Sidewalk inspections for
ADA compliance
Debris cleanup
WWTP1
Hazardous tree removal – Palm Coast Parkway/ Old Kings Road

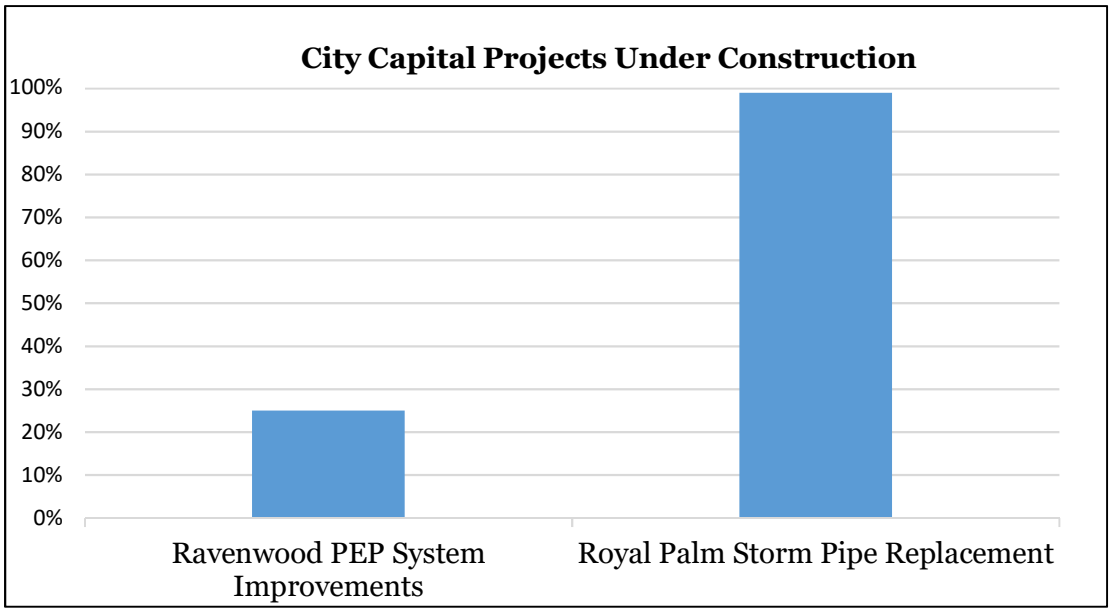

Repairing backhoe

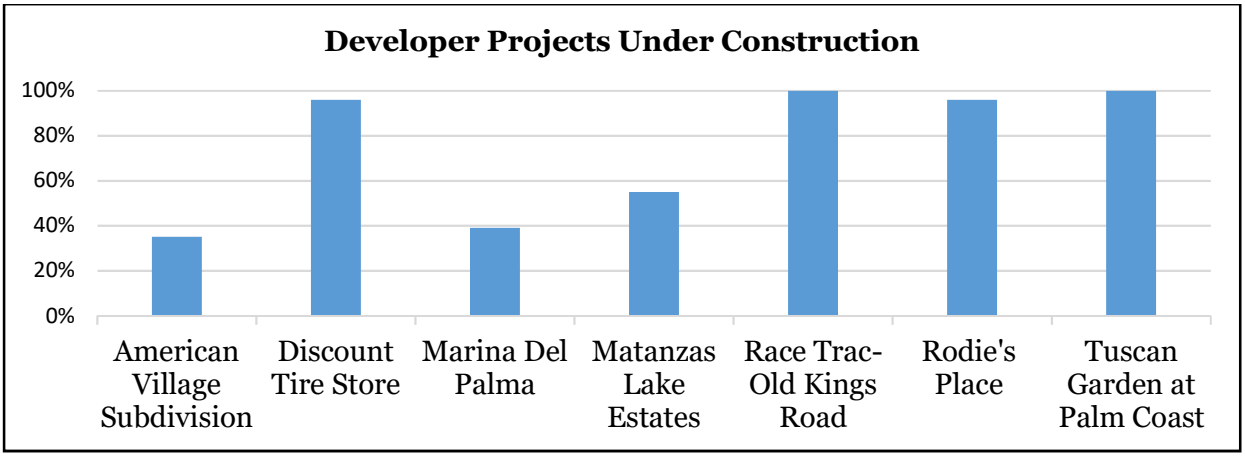
Repairing faucet – Public Works


Facility & Fleet Service
City Fleet
Fire
HAND EQUIP & MOWERS - PM'S
5
HAND EQUIP & MOWERS - REPAIRS
37
SMALL EQUIP - REPAIRS
3
VEHICLES - PM'S
8
1
VEHICLES - INSPECTIONS
8
1
VEHICLES - REPAIR
10
2
ROAD CALLS
2
CITYWIDE FACILITY REQUESTS
9

COMMUNITY DEVELOPMENT – Stephen Flanagan, Director

DEVELOPMENT FOR THE PROTECTION OF THE CITY'S NATURAL RESOURCES, PUBLIC HEALTH, SAFETY, AND WELFARE.





Commercial Permits Applied			
650 Colbert Lane (Tuscan Gardens)	2 Pergolas in courtyard	Core Construction	$5,000
1 Pine Lakes Parkway (Palm Coast Community Church)	Interior Walls and door	Chardani Building & Remodeling	$2,300
260 Cypress Edge Drive Suite 600	Interior Renovations - Anytime Fitness	BTD Contracting LLC	$150,000
160 Cypress Point Parkway A106	Interior Renovations - Clean Eats Kitchen	Chardani Building & Remodeling	$3,500
Commercial Permits Issued			
224 Palm Coast Parkway NE (ABC Liquor)	Interior Renovations - Activity Center	RD Michales Inc.	$25,000
Occupancy Permits Issued			
235 Palm Coast Parkway NE	AWT Property Management	Andrew Trotter	
1 Hargrove Grade Bldg B Suite 3	Zeeff Agency LLC - Farmers Insurance Agency	Venesa Bolling	
Certificate of Occupancy Issued			
5 Boulder Rock Drive units A, B & C	Boulder Rock Dental Group	Fox Construction	$35,000
6100 State Road 100 E	RaceTrac Convenience Store	CCS Construction	$1,300,000
50 Plaza Drive Unit 105	Jimmy Johns Restaurant	Adkins Construction Company	$150,000
1000 Palm Coast Parkway SW 209-210	Escape Room - Twisted Minds	Dacom Home Accents	$2,500
Construction value improvements from October 1, 2018 to date			$61,712,360
Residential Single Family / Duplex Residences			11

Spotlight Projects

City's Internship Program Presentation

Staff presented at the University of Florida/IFAS School of Forestry Resources and Conservation on the City's Internship program to future foresters, conservationist, and ecologist on the benefits of participating in the City's Internship program. The focus of the presentation was to educate students on the opportunities available to them through the City's program and the benefits of gaining practical skills within their field of study. As part of the program, students exchanged dialog with two previous interns from this year's summer program.

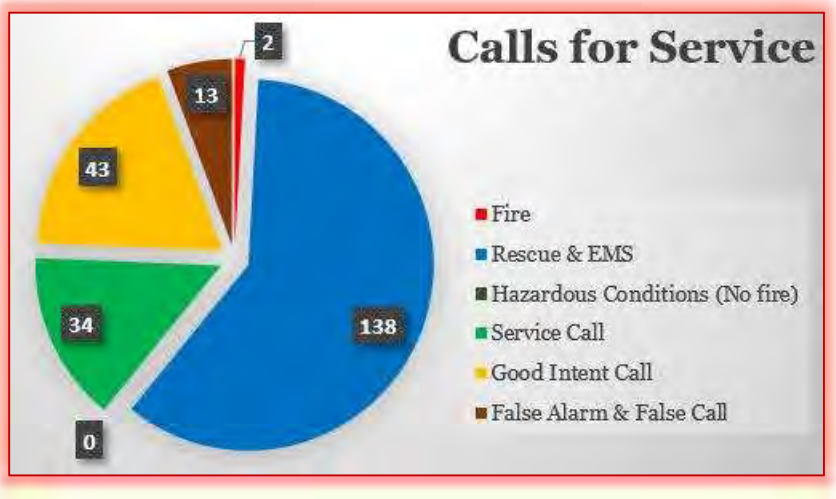
City's Internship Program Presentation

Children Helping in Resource Protection Program

On December 4th and 6th, Old Kings Elementary 1st graders participated in the Children Helping in Resource Protection program (CHIRP) held at Linear Park. Students rotated through 5 eco-stations with such topics as marine bio-facts, endangered indigo snakes, cute and ugly critters, water cycle, plus a hands on experience from Whitney Lab docents live sea life. Students also enjoyed playground time at the park.

Children Helping in Resource Protection Program

FIRE– Jerry Forte, Fire Chief



GUIDANCE

Tip of the Month:
The holidays are also the perfect time to watch and share the "Holiday Fire Safety Tips - Meet Joey Christmas" video. Joey Christmas goes around the home to present practical, fire-wise tips for the holidays. Palm Coast Fire Lt. Joey Paci plays Joey Christmas, and also appearing are Lt. Paci's wife, Abby Paci, and Fire Lt. Matt Stevens.

PSA – Project Green Wreath
http://bit.ly/JoeyChristmas

Volunteer Intern
"Become a Volunteer"
http://www.palmcoastgov.com/government/fire/volunteer

Register for Basic First Aid & CPR or Healthcare Provider:
http://www.palmcoastgov.com/government/fire/cpr

COMMUNITY OUTREACH

Basic First Aid & CPR:

December 22nd	3 openings
January 19th	9 openings
February 23rd	12 openings
March 23rd	12 openings

Healthcare Provider:

March 22nd	7 openings

DEPARTMENT ACTIVITIES

Flagler Palm Coast High School students have a total of 30 "Ride-Along" hours this week.

We would like to thank Battalion Chief Ron Petrillo, who retires on Saturday, December 15, 2018, after 30 years of service to the Palm Coast Fire Department. Our deepest appreciation for his service and leadership.

The Palm Coast Fire Department launched its official Facebook Page. You can visit the page at www.facebook.com/palmcoastfire for more photos and updates on the department's activities.

Battalion Chief Ron Petrillo completes 30 years of service to the Palm Coast Fire Department

HIGHLIGHTS

Gasoline Tanker Training

This week the Palm Coast Fire Department is host to Battalion Chief Leigh Hollins of Starfire Training Systems Inc. & Florida Rock And Tank Lines Inc. to teach classes on response to Gasoline Tanker Emergency Incidents.

The class was provided free by the Northeast Florida Local Emergency Planning Committee & Northeast Florida Regional Council.

Firefighters go over the functions & systems of a Gasoline Tanker Truck

Firefighter Chili Cook Off

The Fire Department contenders were all heavy hitters making the competition a mighty battle worthy of pay-per-view coverage. Although we were not victorious, we remained on our feet and continued swinging to the very end. Thank you to St. Augustine Fire Department for having us! We look forward to next year.

Our crews spent their weekend off preparing and working the Chili Cook Off and proudly represented Palm Coast.

FF Jeremy Barton, FF Junelle Steward, Lt. Jon Kozloski, DE Dan Bouillon, Lt. Andrew Woolwine and FF Travis Greco represent Local 4807 – Palm Coast Professional Firefighters in the Chili Cook Off

Commercial Structure

The Palm Coast Fire Department responded to a confirmed Commercial Structure Fire. Crews arriving on scene had minimal visibility and active fire. They had a quick knock down and contained the fire to a single unit.

Engine 22 Crew of Lt. Stevens and DE Bouillon staging out by Engine 21 prior to their assignment

Parks & Recreation – Alex Boyer, Director

Our adults/seniors enjoyed a Coffee Series presented by Tammy Cornelius on "Know Your Numbers. They Could Just Save Your Life!" This presentation focused on the most critical numbers for heart health. Seniors then enjoyed Christmas Movie Monday featuring Miracle on 34th Street and some light holiday refreshments.

Our toddlers enjoyed a special holiday-themed Teddy Bear Picnic. They played a version of tag with hula hoops, pin the heart on the Grinch game, and a holiday gift exchange scavenger hunt.

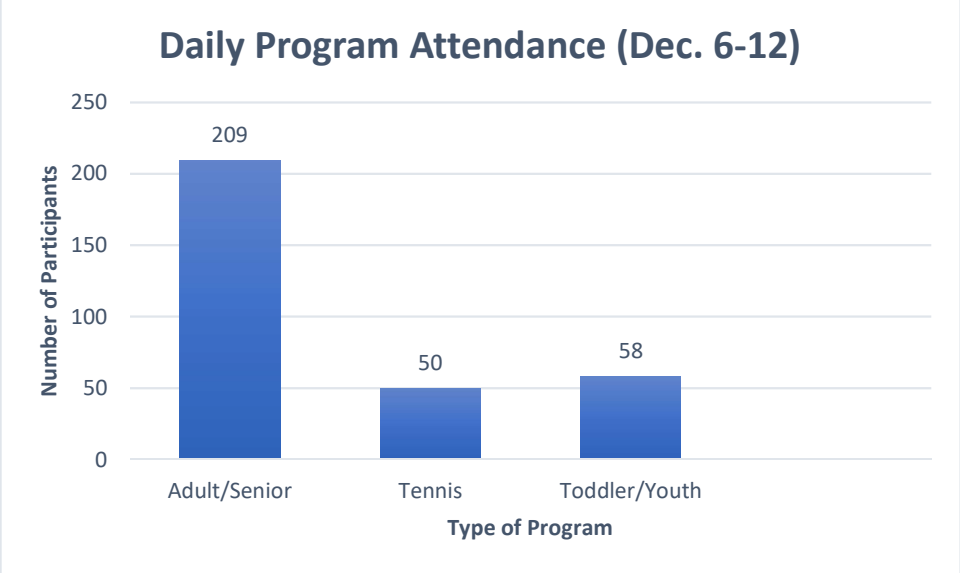
Many of our staff worked the Starlight Parade event. Some were there bright and early that day to "stake" for the parade. They walk the parade route and stake numbers into the ground to mark where parade entrants need to be lined up for the event. Staff is wrapping up holiday programs and jumping right into preparations for our winter/spring program season starting in January.

Winter/Spring 2018-19 Activity Guide

http://www.palmcoastgov.com/recreation

Online Registration & Activities List

http://www.parksandrec.fun



Programs Offered this Week

Adult/Senior
Weekly Senior Social Programs
Line Dancing - Intermediate
Christmas Movie Monday
Coffee Series
Women's Self-Defense
Critic's Choice Dinner Club

Health & Wellness
Better Balance through Tai Chi
Yoga for All & Gentle Yoga
REFIT Revolution Family Fitness

Athletics
Open Pickleball
Beginner's Pickleball

Tennis - Adults
Beginner's, Cardio, Morning Blast, Doubles Skills, & Round Robins

Tennis - Youth
Tennis Tots
Rallies (Rookie, Red, Orange, & Green)
Junior Development

Toddler/Youth/Teen
Teddy Bear Picnic
Playground Pals
Munchkin Soccer
Awesome Alphabet Outing
Cooking is Fun/Cooking is Science
Palm Coast Master Builders (Robots)
Teen Mountain Biking
Palm Coast Teen Council
Parents' Night Out
The Chill Zone
Creepy Crawlies

Special Events
Starlight Parade

Starlight Parade

Teddy Bear Picnic

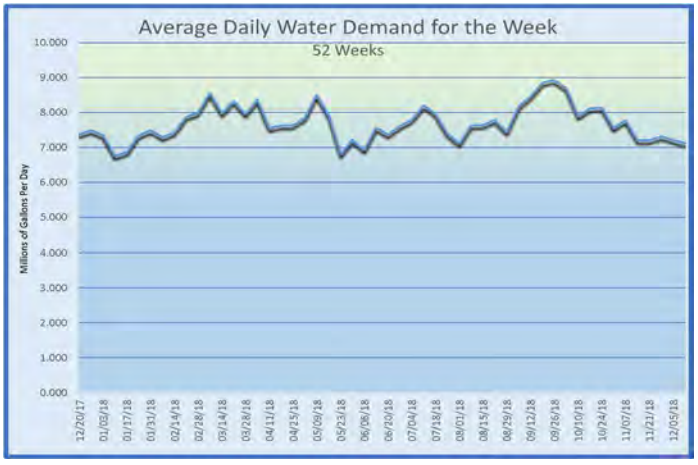
COMING UP

Dec. 19 – Multi-Generational Art Exhibition
Jan. 2, 3, 4 – Holiday Break Youth Camps
Jan. 4 – Coffee Series
Jan. 5 – 12th Annual Christmas Tree Recycling
Jan. 9 – REV+FLOW Ready-to-Go Kickoff Party
Jan. 11 – Milk and Cookies Senior Social
Jan. 10 – Mayor's 90/90 Challenge starts
Jan. 14 – Teen Adventure Trip
Jan. 14 – REFIT Revolution Yesteryear to New Year Dance Party
Jan. 18 – Lunch N' Lecture
Jan. 21-27 – Palm Coast Men's Futures Tournament
Jan. 24 – Discover Trip

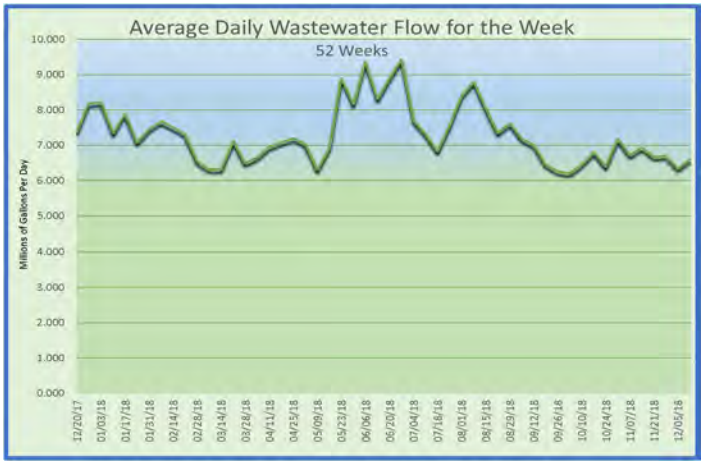
Utility – Richard Adams, Director

12-13-2018

- On Sunday 12-9-18, about 4:00 pm crews were called in because of a 12" water main break at the intersection of Florida Park Dr. and Flynn Way that affected 132 homes. Staff worked through the night and service was restored Monday morning. The affected homes were issued a 2 day boil water notice until laboratory tests could confirm the water was safe to drink.
- The average water demand for this week was 7.115 million gallons per day.
- The average wastewater flow for the week was 6.611 million gallons per day.
- Water Distribution crews installed 22 new water meters and 4 reuse meters.
- There are 250 new meter installations pending with 50 cleared and an average installation time of 4 weeks.
- Wastewater Operations installed 9 new PEP tanks. Contractors replaced 2 PEP tanks.
- There are 19 new PEP tanks pending and 3 PEP tank replacements pending. Currently all new tanks are being installed within 7 days of site ready.
- There were 51 calls after hours.
- Water Distribution crews repaired 3 water service lines and replaced 5, repaired 4 manifolds, completed 3 meter pit adjustments/replacements and tested and repaired 171 backflow preventers.
- Wastewater crews replaced 20 PEP pumps, 7 ball valves and boxes, 26 floats, 2 back lids and 7 cleanout caps. Crews installed 2 risers, 9 new PEP pump assemblies and 9 PEP pump electric assemblies. Also repaired 2 service laterals, inspected via CCTV 3,126 feet of gravity sewer and 15 manholes.
- On December 9th, staff from Water Distribution repaired a 12" water main located at Florida Park Drive and Flynn Way. There was a two day boil water notice issued for 132 homes.
- On December 6th, Water Treatment Plant #2 staff completed the monthly water quality analysis on all 13 wellfield samples and updated the Raw Water Monitoring file.
- Wastewater Operations staff installed the fourth Mission manhole monitor located at Underwood Trail and Uniondale Place.
- Staff installed LED lights at the pump stations.
- Wastewater Operations staff delivered door tags for pending smoke testing in Wild Oaks.
- U.S. Submergents Technologies continues the process of cleaning the tanks located at Wastewater Treatment Plant #1. During this process 60 yards of sand and debris has been removed.
- Contractors continue installion of the new Vapex Odor control located at the headworks at Wastewater Treatment Plant #1.



The average water demand for the week was 7.115 million gallons per day.



The average wastewater flow was 6.611 million gallons per day

NEWS RELEASE – City of Palm Coast
Media Contact: Kimberly Norman, Public Relations Associate
386-986-3717
Dec. 12, 2018

Registration now open for Palm Coast's Birds of a Feather Fest

The annual event returns for the 5th year in February

Palm Coast – Registration is now open for the City of Palm Coast's 5th annual Birds of a Feather Fest set for Feb. 7-10 – offering more days than ever to connect with nature and enjoy birding in Northeast Florida's natural habitats.

Participants will enjoy four days of expertly guided birding trips, photography workshops, speakers, social events, and family activities. With a focus on both beginners and experienced birders, the festival offers something for everyone.

There is no cost to register, however, some trips do have a fee. A full schedule is available at www.birdingfest.com, and it's easy to register through the website. The headquarters for this year's event will be Palm Coast Community Center, 305 Palm Coast Pkwy. NE. A short video about the 2019 Birds of a Feather Fest is at https://youtu.be/srKD0jlok84.

National Audubon Society Chief Network Officer David Ringer will give this year's free keynote lecture, "Protecting Birds Together, Today and Tomorrow," at 6:30 p.m. Friday, Feb. 8. Ringer oversees Audubon's vast national network of Audubon chapters and nature centers, and he leads Audubon's Bird-Friendly Communities program, which engages people in practical solutions to protect birds and special places and to make communities healthier for people. Ringer has held several positions with Audubon and was its public relations manager in Louisiana during the BP oil disaster.

The four-day festival lineup features 22 trips, including "big trips" to Merritt Island National Wildlife Refuge, Sweetwater Wetlands, Orlando Wetlands Park, Circle B Bar Reserve and Ocala National Forest. Transportation and lunch will be provided on many trips. There are also local trips available in Flagler County, including free beginner bird walks every two hours on Saturday.

In addition to the trips, new classes are being offered Friday and Saturday, Feb. 8 and 9, on topics such as photography, the environment and how it impacts birds and other wildlife, how to plan a successful birding trip, and how to identify bird species. Many of the classes are free, and open to all ages, but participants must register at www.birdingfest.com.

“One of the coolest things about Birds of a Feather Fest is that we’re really a regional festival,” said Event Coordinator Jason Giraulo, a birder who is the City’s Digital Communications Coordinator. “Palm Coast has great birding, but when you include the surrounding areas, you’re looking at some of the very best birding in the state. Combine that with our expert guides, and you’re sure to see some amazing birds.”

Each of the festival’s trips will be guided by experts to maximize the number of species seen and heard by participants. Everyone will have a chance to “Meet the Experts” at a reception Saturday evening, Feb. 9, at the Community Center. Enjoy some tasty treats, meet the fantastic guides, and mingle with fellow birders. The Meet the Experts reception will be 6:30 to 8:30 p.m. It is free to attend, but please register in advance.

On Thursday, join legendary birders Greg Miller and David and Dee Simpson on a fantastic journey to the Circle B Bar Reserve in Lakeland. On the trails, you’re likely to see Bald Eagles, White and Glossy Ibis, Roseate Spoonbills, Sandhill Cranes and much more. On Friday, the Simpsons will lead the trip to the Ocala National Forest, where birders will search for the endangered Red-cockaded Woodpecker, and may also see Florida Scrub Jay, Bachman’s Sparrow, Bald Eagle, American Kestrel and more.

Saturday, guides Miller and David Hartgrove will navigate birders through the Sweetwater Wetlands offering views of lush greenery and wildlife including various birds, butterflies, alligators and even wild horses. Sunday’s big trip to Merritt Island, led by Miller, is a hotspot for birders around the world as it features more than 330 species, including the thousands of migratory birds that use the refuge as a temporary spot for the winter season.

All of the festival’s birding trips will have guides; visit www.birdingfest.com to see the full schedule and more information on all of the guides.

The Birds of a Feather Fest is sponsored by Florida Power & Light, the Palm Coast Observer and Wild Birds Unlimited.

For more information, contact Giraulo at 386-986-2484 or jgiraulo@palmcoastgov.com.

Palm Coast, Florida - located off I-95 and nested between Daytona Beach and St. Augustine - is a short drive from the metro areas of Jacksonville or Orlando.

NEWS RELEASE – City of Palm Coast
Contact: Cindi Lane, Communications & Marketing Manager
386-986-3708; cell 386-214-4729
Dec. 10, 2018

Winners of 2018 Starlight Parade announced; watch the video now

Palm Coast – The Starlight Parade was magical, with dozens of sparkling floats, spirited marching units and decorated vehicles. The City of Palm Coast awarded the following winners:

Best of Parade – Lowe's
Best Marching Unit – Flagler Palm Coast High School
Best Float – Oceans Fence and Railing
Best Decorated Vehicle – Innovative Dance Company
Best School Pride – Matanzas High School

A Facebook Live video is also posted on the City of Palm Coast's Facebook page at www.facebook.com/discoverpalmcoast. The parade video can also be viewed on the City's YouTube Channel at: https://www.youtube.com/watch?v=hc0sI_1kLP0.

On the video, you will see this year's outstanding entries as they make their way through Town Center, with the wonderful Fantasy Lights in Central Park as the backdrop. The Starlight Parade was hosted by Palm Coast Fire Chief Mike Beadle and his wife, DeeDee, and this year's Grand Marshal leading the parade was Bill Butler, recently retired City of Palm Coast Landscape Architect, who is responsible for the landscaping that makes Palm Coast so beautiful and is also one of the Rotary Club of Flagler County's founders of the annual Fantasy Lights.

For more information, contact Communications & Marketing Manager Cindi Lane at clane@palmcoastgov.com or 386-986-3708.

Dec. 12, 2018

Smoke testing of sewer lines set for Dec. 17-21 in Wild Oaks subdivision

To improve sewer service to citizens, the City of Palm Coast will be smoke testing the sanitary sewer lines for the homes on all the streets in the Wild Oaks subdivision off Colbert Lane. This smoke testing will be done from Monday through Friday, Dec. 17-21. This test, which involves forcing smoke into the sanitary sewer lines, will check for leaks, breaks and defects in the system.

The smoke is odorless, creates no fire hazard and will not enter your home or business unless you have defective plumbing or dried-up sink traps or floor drains. The smoke test should only affect your home for approximately 15 minutes. Homes affected by smoke testing will find a door tag hanging on the front door.

The smoke used for this test is manufactured strictly for this purpose, leaves no residuals or stains and has no effect on plants and animals. Direct contact with the smoke may cause minor respiratory irritation in some people.

If people in your building suffer from a heart condition, asthma, emphysema or some other respiratory condition and are planning to stay in the building during testing, notify the City of Palm Coast at 386-986-2371 to discuss your specific case.

Prior to testing, please pour two gallons of water in the seldom-used sinks or floor drains to prevent sewer gases, smoke or odors from entering the premises. If smoke does enter your home during testing, immediately remove yourself from the building, notify the crews that are conducting the test or call the City. Again, if smoke enters your home, it is an indication of a plumbing defect, so you should also notify a plumber. While we can assist in the location of any defects on private property, the correction of any defects are the responsibilities of the property owner.

Smoke that you will see coming from the vent stacks on houses is normal. However, smoke coming from holes in the ground IS NOT normal and is considered a defect. All such defects will be photographed and logged. The City will then contact the property owners if a defect is located on private property.

This smoke testing is part of the City's continuing effort to provide a safe, economical, efficient and environmentally sound sewer system throughout Palm Coast. The smoke testing procedure has been recommended by the U.S. Environmental Protection Agency as an effective means of identifying problem areas in the sewer system. Eliminating system defects and illegal

connections will help our community remain in compliance with the new federal legislation regarding sewer systems maintenance and sanitary sewer overflows.

Thank you for your cooperation.

NEWS RELEASE – City of Palm Coast
Contact: Cindi Lane, Communications & Marketing Manager
386-986-3708; cell 386-214-4729
Dec. 12, 2018

City of Palm Coast announces events, activities for January 2019

Palm Coast – The City of Palm Coast has a variety of upcoming events and recreational and sports activities that are open to the public. See a list of programs at www.parksandrec.fun.

For activities that require advance registration, space may be limited, so please register early. Palm Coast Parks & Recreation can be reached at 386-986-2323.

Special Events for January:

Jan. 2 through 4 – **Jack Frostivities Holiday Break Camp** – Wednesday through Friday, Jan. 2-4, 7:30 a.m.-4:30 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy NE. Your child's day will be filled with a variety of age appropriate, fun-filled, themed activities such as arts and crafts, stories, recreational games and nature hikes. Campers must bring their own lunch and snack each day. For students in grades K-8. $25/day ($10 for extended care 4:30-6 p.m.). Registration required 48 hours in advance at www.parksandrec.fun/camps. More info: 386-986-2323.

Jan. 2 through 4 – **Winter Break Tennis Camp** – Wednesday through Friday, Jan. 2-4, 9 a.m.-4 p.m. at Belle Terre Park, 339 Parkview Drive, Palm Coast. This Palm Coast Parks & Recreation camp uses team games and activities to introduce campers to tennis and develop athletic skills while fostering a love for the sport. Campers should come with athletic clothes and shoes, water bottle, sunscreen, lunch, snacks and drinks. Sibling discount is available in the same transaction. For ages 6-13 years. $105/week or $40/day. Registration required 48 hours in advance at www.parksandrec.fun/camps. More info: 386-986-2550.

Jan. 4 – **Coffee Series** – Friday, Jan. 4, 9-10 a.m. at Palm Coast Community Center, 305 Palm Coast Pkwy. This month's topic: "5 Essential Tips to Optimize Brain Health" with Ernesto Fernandez of New Spring Chiropractic. The event is free, but pre-registration is required (while space available) by 9 a.m. Jan. 2: www.parksandrec.fun/adults. More info: 386-986-2323.

Jan. 5 – **City of Palm Coast 12th Annual Christmas Tree Recycling Event** – Saturday, Jan. 5, 8 a.m. to 1 p.m. Recycle your Christmas tree and receive a free three-gallon evergreen tree (while supplies last). To be held at the Palm Coast Fuel Depot, 22 Utility Drive, Palm Coast. Also accepting: Christmas tree lights, old electronics, and wires (but no TVs, monitors, microwaves). Back by popular demand this year: free secured document shredding service. All trees donated for recycling will be ground and used as mulch to beautify the parks and trails across Palm Coast. More info: 386-986-3722.

Jan. 8 through Feb. 26 – **A Matter of Balance – Managing Concerns About Falls** – Tuesdays, Jan. 8-Feb. 26, noon-2 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy NE. This evidence-based, interactive fall prevention and exercise program, developed by Maine Health and University of Boston, helps reduce the fear of falling and increases activity levels of older adults. Participants receive practical coping and risk management strategies and exercises to increase balance and strength. Lunch is included. $45/person for the session. Register at www.parksandrec.fun/seniors. More info: 386-986-2323.

Jan. 8 through March 12 **– Yoga for All** – Tuesdays, Jan. 8-March 12, 8:30-9:30 a.m. at Palm Coast Community Center, 305 Palm Coast Pkwy NE. Relax and restore before enjoying your day. Through stretching, yoga poses, breathing, and relaxation. All levels welcomes. Please bring your own mat, towel and water bottle. $45/person for the session. Register at www.parksandrec.fun/wellness. More info: 386-986-2323.

Jan. 8 through March 12 **– Gentle Yoga** - Tuesdays, Jan. 8-March 12, 10-11 a.m. at Palm Coast Community Center, 305 Palm Coast Pkwy NE. Start experiencing the many benefits of yoga. This instructor-led chair yoga exercise is safe and gentle and includes low impact stretching, strengthening, and breathing routines. No floor work. Work in a chair and standing. $35/person for the session. Register at www.parksandrec.fun/wellness. More info: 386-986-2323.

Jan. 8 through March 14 – **Adult Basketball League** – Tuesdays or Thursdays, Jan. 8-March 14, 7-9 p.m. at Indian Trails Middle School 5505 Belle Terre Pkwy, Palm Coast. Interested in playing ball? Come out and show your skills in the Adult Basketball League. This 5v5 basketball league plays an 8-game season with the top 5 teams making the playoffs. $440/full team. Pre-registration required at www.parksandrec.fun/athletics. More info: 386-986-2323.

Jan. 9 – **REV+FLOW Ready to Go Kick-Off Party** – Wednesday, Jan. 9, 5:30-6:30 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy NE. With REV+FLOW, teens and parents alike can enjoy a low-impact, high-intensity workout that strengthens their bodies and sculpts their muscles through targeted, music-based movements and resistance training! This kick-off party is a way to try out the new program for free before the paid session starts Jan. 30. Please pre-register at www.parksandrec.fun.wellness. More info: 386-986-2323.

Jan. 9 through Feb. 13 – **Kids in the Kitchen for Homeschoolers** – Wednesdays, Jan. 9-Feb. 13 at Palm Coast Community Center, 305 Palm Coast Pkwy NE. 10-10:45 a.m. for ages 6-9; 11-11:45 a.m. for ages 10-12; noon-12:45 p.m. for ages 13-15. Held by Margaret Cruz, Program Assistant for the University of Florida IFAS Extension Family Nutrition Program, this hands-on cooking experience teaches youth basic cooking skills, nutrition, and food safety. Older children will also learn about meal planning and preparing a complete meal based on USDA's MyPlate. Free but please pre-register at www.parksandrec.fun/youth. More info: 386-986-2323.

Jan. 9 through March 13 – **Better Balance through Tai Chi** - Wednesdays, Jan. 9-March 13 at Palm Coast Community Center, 305 Palm Coast Pkwy NE. 10-11 a.m. Session A (Beginner's Level); 9-10 a.m. Session B (Intermediate Level); and 5:30-6:30 p.m. Session C (Evenings All Levels). Moving for better balance is a group program that focuses on improving functional ability, such as balance and physical function, to reduce risks and frequency of falls or other injuries. Good for all levels of fitness. $55/session. Please pre-register at www.parksandrec.fun/wellness. More info: 386-986-2323.

Jan. 9 through April 24 – **Beginning Ballet** – Wednesdays, Jan. 9-April 24, 4:30-5:15 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy NE. This class will introduce toddlers ages 3-5 to ballet instructions. Dancers will learn proper classroom etiquette, practice large and small motor skills, and begin to develop flexibility, strength, body alignment and technique. $40/month. Pre-registration required at www.parksandrec.fun/toddlers. More info: 386-986-2323.

Jan. 10 through April 9 – **Mayor's 90/90 Challenge** – Thursday, Jan. 10-Tuesday, April 9. Does your News Year's Resolution involve getting healthier and more active? Get motivated with the Mayor's 90/90 Challenge! You can choose your own form of exercise. Log in to www.palmcoastgov.com/healthy and log your progress throughout the month. Everyone who completes the Challenge will receive a prize at Arbor Day in May. Share your progress along the way on social media using #Mayors9090 and #HealthyPalmCoast.

Jan. 11 – **Milk and Cookies Social (senior special event)** – Friday, Jan. 11, 1-2 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy NE. Join us for National Milk Day! Jan. 11, 1878 is believed to be the date milk deliveries started in glass bottles. We'll be celebrating by dunking our favorite cookies in a glass of milk. Milk and cookies are included. Non-dairy options available. Free but please pre-register at www.parksandrec.fun/seniors. More info: 386-986-2323.

Jan. 12 – **Palm Coast Historical Society Lecture Series** – Saturday, Jan. 12, 10 a.m. at the Palm Coast Community Center, 305 Palm Coast Pkwy. NE. The Palm Coast Historical Society will offer free monthly lectures January through May. This month: Daytona Beach News-Journal columnist Mark Lane will discuss "Reporting Local History." Free, with light refreshments served. Advance registration is not required. More info: 386-986-3708 or www.palmcoasthistory.org.

Jan. 14 – **Teen Adventure Trip to Autobahn Indoor Speedway** – Monday, Jan. 14, 8 a.m.-5 p.m. to and from the Palm Coast Community Center, 305 Palm Coast Pkwy NE to Autobahn Indoor Speedway (go-karts) in Jacksonville. When school is out, the fun is in! We'll take advantage of school being out for the day to go on an excellent adventure. Registration fee includes round-trip bus transportation and admission fees for the attraction. For teens ages 13-17. Cost is $50. Pre-registration required at www.parksandrec.fun/teens. More info: 386-986-2323.

Saturday, Jan. 12 – **Palm Coast Historical Society Lecture Series** – Saturday, Jan. 12, 10-11 a.m. at the Palm Coast Community Center, 305 Palm Coast Pkwy. NE. The Palm Coast Historical Society will offer free monthly lectures January through May. This month: Daytona Beach News-Journal columnist Mark Lane will discuss "Reporting Local History." Advance registration is not required. More info: 386-986-3708.

Jan. 14 - **REFIT Revolution Yesteryear to New Year Dance Party** – Monday, Jan. 14, 5:30-7 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy NE. Start the New Year right with REFIT Revolution - a judgment-free fitness experience that uses powerful movements and positive music combined with resistance-training elements to give you and your family a total-body workout! Not only will we dance through the decades, but also there will be raffles! For ages 4 and up. Free but please pre-register at www.parksandrec.fun.wellness. More info: 386-986-2323.

Jan. 15 **– Eddie Eagle GunSafe Program (Pre-K & Kindergarten children)** – Tuesday, Jan. 15, 4:30-5:30 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy NE. Palm Coast Parks & Recreation is partnering with the Flagler County Sheriff's Office to provide the official Eddie Eagle GunSafe Program. No actual firearms will be used. Free but please pre-register at www.parksandrec.fun/youth. More info: 386-986-2323.

Jan. 16 – **Ladies Paint Night** – Wednesday, Jan. 16, 6-7 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy NE. Even if you have never painted before, these artistic-based socials will give you the confidence to release your creative side. Led by certified art instructor Kristy Craigle, these step-by-step classes will be a lively, comprehensive, artistic infusion. Bring a friend or come make new ones. Each class will feature a different object to be painted on. $35/class. Pre-registration required at www.parksandrec.fun/adults. More info: 386-986-2323.

Jan. 16 **– Eddie Eagle GunSafe Program (1st and 2nd graders)** – Wednesday, Jan. 16, 4:30-5:30 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy NE. Palm Coast Parks & Recreation is partnering with the Flagler County Sheriff's Office to provide the official Eddie Eagle GunSafe Program. No actual firearms will be used. Free but please pre-register at www.parksandrec.fun/youth. More info: 386-986-2323.

Jan. 17 **– Eddie Eagle GunSafe Program (3rd and 4th graders)** – Thursday, Jan. 17, 4:30-5:30 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy NE. Palm Coast Parks & Recreation is partnering with the Flagler County Sheriff's Office to provide the official Eddie Eagle GunSafe Program. No actual firearms will be used. Free but please pre-register at www.parksandrec.fun/youth. More info: 386-986-2323.

Jan. 17 through May 23 – **Indoor Rowing** – Thursdays, Jan. 17-May 23, 4:30-5:30 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy NE. We have teamed up with the Flagler Rowing Club to offer Indoor Rowing. Experienced rowing members will instruct on proper technique while using the erg with a focus on both mechanics and breathing. All fitness levels are welcome. Participants should bring a towel, water and a mat for floor exercises. Free but please pre-register at www.parksandrec.fun.wellness. More info: 386-986-2323.

Jan. 18 – **Lunch N' Lecture Series** – Friday, Jan. 18, 11 a.m.-12:30 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy NE. This month's topic: "Crime Prevention Task Force" with Task Force Florida. The lecture and lunch are free, but pre-registration is required (while space available) by 11 a.m. Jan. 16: www.parksandrec.fun/adults. More info: 386-986-2323.

Jan. 18 – **Parents' Night Out** – Friday, Jan. 18, 5:30-10 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy NE. Parents, are you in need of a date night or just wish for peace and quiet around the house on a Friday night? Let us watch your kids while you have the night to yourselves. Kids will eat pizza, play games, watch movies, and have fun. For ages 5-12 years. Cost is $15/first child and $5/additional sibling in the same transaction. Pre-registration required at www.parksandrec.fun/teens. More info: 386-986-2323

Jan. 18 – **The Chill Zone for Teens** – Friday, Jan. 18, 5:30-10 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy NE. Hey teens, tired of sitting around bored on a Friday night? Then grab your friends and get down to the Community Center to hang out, eat pizza, listen to music, watch movies, play video games and otherwise chill in a fun and safe environment. For teens ages 13-17 years. Free but please pre-register at www.parksandrec.fun/teens. More info: 386-986-2323.

Jan. 18 through May 24 – **Zumba Gold** – Fridays, Jan. 18-May 24, 9-10 a.m. at Palm Coast Community Center, 305 Palm Coast Pkwy NE. This class is perfect for active older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower-intensity. This class introduces easy-to-follow Zumba choreography that focuses on balance, range of motion and coordination. $5/class. Pre-registration required at www.parksandrec.fun/wellness. More info: 386-986-2323.

Jan. 19 - **First Aid & CPR/AED** - Saturday, Jan. 19, 9 a.m.-4 p.m. at Palm Coast Fire Station 25, 1250 Belle Terre Pkwy, Palm Coast. This class is a 7-hour course (one hour for lunch) designed to meet OSHA regulations and teach administering CPR to children and adults, using an Automated External Defibrillator (AED), using a mask or barrier device, assisting with bleeding, broken bones. $50/person with pre-registration required by 9 a.m. Jan. 17. Sign up at www.parksandrec.fun/adults. More info: cprcertification@palmcoastgov.com or 386-986-2300.

Jan. 21 through 24 – **Palm Coast Apprentice Builders: WeDo 2.0 Robots** – Monday through Thursday, Jan. 21-24, 4:15-5:15 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy NE. Youth ages 8-11, build your science skills! This hands-on course using Lego WeDo 2.0 construction sets is designed for participants to be an active part of the learning process, collaborate to solve problems, and develop critical thinking skills. $35/person; pre-registration required at www.parksandrec.fun/youth. More info: 386-986-2323.

Jan. 21 through 27 – **Palm Coast Men's Futures Tournament: A USTA Pro Circuit Event –** Jan. 21-27. See some of the best up-and-coming tennis players from around the world at the Palm Coast Tennis Center, 1290 Belle Terre Parkway, Palm Coast. The 2019 event will be a $25,000 purse compared to just a $15,000 purse in 2018. This should bring an even higher caliber of competitors. Competition opens with singles qualifying rounds and ends with singles finals. Fans can also join a Pro Am event on Jan. 22 and Net Generation Kid's Day on Jan. 26. Ticket prices and daily schedules at: www.PalmCoastTennisCenter.com. More info: 386-986-2550.

Jan. 21 through March 13 – **Adult Flag Football League** – Mondays or Wednesdays, Jan. 21-March 13, 6:30-9:30 p.m. at Ralph Carter Park, 1385 Rymfire Drive, Palm Coast. Get into the competition with our recreational, non-contact Flag Football League. This 7v7 league plays an 8-game season followed by a single-elimination tournament. $400/full team until Jan. 11 and $440/full team Jan. 12-17. Pre-registration required at www.parksandrec.fun/athletics. More info: 386-986-2323.

Jan. 22 through April 23 – **Awesome Alphabet Outing – Fascinating Florida** - Tuesdays, Jan. 22-April 23, 10-11 a.m. at Palm Coast Community Center, 305 Palm Coast Pkwy NE. Children ages 3-5 with their parents will have an enjoyable experience about the "My Florida Alphabet" through hands-on activities. $40 for all classes or $4/class. Register at www.parksandrec.fun/toddlers. More info: 386-986-2323.

Jan. 23 – **Imagination Builders** – Wednesday, Jan. 23, 10-11 a.m. at Palm Coast Community Center, 305 Palm Coast Pkwy NE. Come use your imagination to build interesting creations in a fun environment. Parents will help their toddlers use Duplos, Lincoln Logs, Fiddlesticks and interactive activities to stimulate their imagination through patterns, colors, counting, position/ordering, compare/contrast, fine/gross motor skills and more. Other dates in the session include Feb. 6 and 20, March 27, April 10 and 24, and May 8. $5/person for the entire session. Pre-registration required at www.parksandrec.fun/toddlers. More info: 386-986-2323.

Jan. 24 – **Discover Trip to Alhambra Dinner Theatre** – Thursday, Jan. 24, 4-10:30 p.m. to and from Palm Coast Community Center, 305 Palm Coast Pkwy NE to Alhambra Dinner Theatre in Jacksonville. Cost is $90. Dinner and the show, "Godspell," are included in the ticket price. Pre-registration is required by Jan. 17: www.parksandrec.fun/adults. More info: 386-986-2323.

Jan. 26 **– Palm Coast Shredder: Teen Mountain Biking Program** – Saturday, Jan. 26, 2-4 p.m. at Mala Compra Mountain Bike Trail, 5862 N. Ocean Shore Blvd., Palm Coast. Participants ages 12-18 will learn basic off-road skills, explore trails, improve fitness, and understand teamwork and goal-setting. Please bring your own mountain bike and helmet. Other dates include Feb. 9, Feb. 23, and March 9. $5 for the four-week session. Register at www.parksandrec.fun/teens. More info: 386-986-2323.

Jan. 28 **– Monday Funday** – Monday, Jan. 28, 10-11 a.m. at Palm Coast Community Center, 305 Palm Coast Pkwy NE. This child-with-parent program will provide an enjoyable and educational environment for children ages 3-5 to explore social, emotional, physical and cooperative play opportunities through movement, music, interactions and problem-solving skills while having fun with their peers! Free but please pre-register at www.parksandrec.fun/toddlers. More info: 386-986-2323.

Jan. 28 through 31 **– Awesome Art** – Monday through Thursday, Jan. 28-31, 2-3 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy NE. Inspired by your own world and the work of artistic geniuses, this program provides youth ages 8-12 with the techniques and confidence to build up your art portfolio. $5/class with pre-registration required at www.parksandrec.fun/youth. More info: 386-986-2323.

Jan. 28 through 31 **– Physical Recreation** – Monday through Thursday, Jan. 28-31, 2-3 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy NE. For ages 8-12, this isn't your grandpa's old PE class! Free but please register at www.parksandrec.fun/youth. More info: 386-986-2323.

Jan. 28 through 31 **– Cooking is Fun** – Monday through Thursday, Jan. 28-31, 2-3 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy NE. Have fun while preparing dishes from scratch! $35/session with a second session starting Thursday, Feb. 7. Register at www.parksandrec.fun/youth. More info: 386-986-2323.

Jan. 28 through May 13 – **REFIT Revolution Family Fitness** – Mondays, Jan. 28-May 13, 5:30-6:30 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy NE. REFIT is a judgment-free fitness experience that uses powerful movements and positive music combined with resistance-training elements to give you and your family a total body workout! FREE but please pre-register due to space at www.parksandrec.fun/wellness. More info: 386-986-2323.

Jan. 29 **– Teddy Bear Picnic & Play** –Tuesday, Jan. 29, 11:30 a.m.-12:15 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy NE. Children ages 3-5 can bring their favorite teddy bear out to different themed sessions while enjoying a snack, story time and game playing or craft. The theme for Jan. 29 is Favorite Toy on Wheels. Free but please pre-register at www.parksandrec.fun/toddlers. More info: 386-986-2323.

Jan. 30 **– Our Neck of the Woods** – Wednesday, Jan. 30, 10-11 a.m. at Linear Park, 31 Greenway Court, Palm Coast. Parents will join their children ages 3-5 in this fun way of learning

about what treasures can be found in our wooded park. There will be story time, crafts and a short exploration walk. This program will support cognitive learning, communication skills and eye/hand coordination. Free but please pre-register at www.parksandrec.fun/toddlers. More info: 386-986-2323.

Jan. 30 through May 15 – **REV+FLOW by REFIT** – Wednesdays, Jan. 30-May 15, 5:30-6:30 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy NE. With REV+FLOW, teens and parents alike can enjoy a low-impact, high-intensity workout that strengthens their bodies and sculpts their muscles through targeted, music-based movements and resistance training. For ages 13 and up. $60/session or $5/drop-in. Please pre-register at www.parksandrec.fun.wellness. More info: 386-986-2323.

Ongoing Weekly Programs

Mondays – **Sit, Stitch 'N Give** – Mondays, 10 a.m.-noon at the Palm Coast Community Center, 305 Palm Coast Pkwy NE. Does life have you all tied up in knots? Join us for a chance to unwind. Come chat, knit, crochet, embroider, etc., and laugh with those who understand your desire to take a long piece of thread fiber and create a beloved "work of heart." All levels of experience are welcomed. Free but please register at www.parksandrec.fun/seniors. More info: 386-986-2323.

Mondays – **Color Me Happy** – Mondays, 10 a.m.-noon at the Palm Coast Community Center, 305 Palm Coast Pkwy NE. Think you're too old to color? Well, think again! Seniors coloring is a great, fun way to combat stress, promote mindfulness, allow creativity and activate different areas of the brain. Bring your favorite coloring book or pages and colored pencils or use the supplies we have available. Free but please register at www.parksandrec.fun/seniors. More info: 386-986-2323.

Mondays (through Feb. 25) – **Intro to Drawing** – Mondays, noon-1 p.m. at the Palm Coast Community Center, 305 Palm Coast Pkwy NE. Seniors can come learn the basic tools and techniques of drawing with certified art instructor Kristy Craigle. You will learn form, value, and basic shapes in relation to the world around you by learning how to simplify your subject matter. $25 for the entire session. Pre-registration required at www.parksandrec.fun/seniors. More info: 386-986-2323.

Mondays – **Line Dancing from the Ground Up (Intermediate)** – Mondays, 6-8 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy NE. Now that you have learned the steps, let's learn some dances! Enjoy this line dancing program made for the intermediate level. Admission is $3/pre-registered class or $5/drop-in. Pre-registration is required at www.parksandrec.fun/adults. More info: 386-986-2323.

Mondays or Wednesdays – **Adult Open Gym Volleyball** – Mondays or Wednesdays, Jan. 28-May 6, 7-9:30 p.m. at Indian Trails Middle School 5505 Belle Terre Pkwy, Palm Coast. Bring your friends or meet new ones in this co-ed volleyball program. New "teams" are created weekly. We use two nets, with teams rotating in and out of play. One net is for competitive-style play and the second net is for recreational-style play. $20/session (Mondays or Wednesdays). Pre-registration required at www.parksandrec.fun/athletics. More info: 386-986-2323.

Mondays and Wednesdays – **Junior Development (youth tennis program)** – Mondays and Wednesdays, 6-7:30 p.m. at the Palm Coast Tennis Center, 1290 Belle Terre Pkwy. For players ages 11 to 18 years, with focus on refining techniques and tactics for doubles and

singles. $252/session or $18/day. Pre-register at www.parksandrec.fun/tennis. More info: 386-986-2550.

Mondays and Wednesdays – **Green Rallies (youth tennis program)** – Mondays and Wednesdays, 5-6 p.m. at the Palm Coast Tennis Center, 1290 Belle Terre Pkwy. For students in grades 7-10, with cooperative and competitive partner and team activities, students develop match skills and make tennis friends. $162/session or $12/day registration. Pre-register at www.parksandrec.fun/tennis. More info: 386-986-2550.

Mondays and Thursdays – **Cardio Tennis (tennis for adults)** – Mondays, 9:30-10:30 a.m. and Thursdays, 7-8 p.m. at the Palm Coast Tennis Center, 1290 Belle Terre Pkwy. Get your heart rate up with tennis drills and games. $10/day for pre-registration or $12/day for same-day registration. More info: 386-986-2550 or www.parksandrec.fun/tennis.

Tuesdays – **Beginner's Clinic (tennis for adults)** – Tuesdays, 9:30-10:30 a.m. at Holland Park tennis courts, 18 Florida Park Drive, Palm Coast. A social clinic that teaches the fundamentals of tennis. $9/day for pre-registration or $12/day for same-day registration. More info: 386-986-2550 or www.parksandrec.fun/tennis.

Tuesdays – **Wood Carvers** – Tuesdays, 1-4 p.m. at the Palm Coast Community Center, 305 Palm Coast Pkwy NE. The art of wood carving has a history that spans centuries. At its core, wood carving transforms a piece of wood into a masterfully crafted work of art. This program is open to men and women of all levels and abilities. Participants must bring their own materials. Free but please register at www.parksandrec.fun/seniors. More info: 386-986-2323.

Tuesdays – **Pinochle** – Tuesdays, 1-4 p.m. at the Palm Coast Community Center, 305 Palm Coast Pkwy NE. Pinochle is a trick-taking card game typically for two to four players and played with a 48-card deck. Derived from the card game bezique, players score points by trick-taking and also by forming combinations of cards into melds. Free but please register at www.parksandrec.fun/seniors. More info: 386-986-2323.

Tuesdays - **Dance with Me! Ballroom Dance Classes** – Tuesdays, 6:30-7:30 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy NE. Don't just sit and watch Dancing with the Stars this year, be part of the action! Instructors Tom and Jo Sanders will teach you the Waltz, Foxtrot, Tango, Cha Cha, Rumba, and East Coast Swing dance styles. Beginners welcome and partners not required. $10/class at www.parksandrec.fun/seniors. More info: 386-986-2323.

Tuesdays, Wednesdays, Fridays – **Pickleball Open Court** – 1 p.m. to 3 p.m. Tuesdays; 6-8 p.m. Wednesdays; and 11 a.m.-1 p.m. Fridays. Try out the paddle sport that combines tennis, badminton and ping-pong! This adult program is offered free at Belle Terre Park tennis courts, 339 Parkview Drive, Palm Coast. Equipment is provided during Open Court. More info: Palm Coast Parks & Recreation at 386-986-2323.

Tuesdays and Thursdays – **Red Rallies (youth tennis program)** –Tuesdays and Thursdays, 5-6 p.m. at the Palm Coast Tennis Center, 1290 Belle Terre Pkwy. For players in 2nd and 3rd grades, with cooperative and competitive partner and team activities, players develop match skills and make tennis friends. $162/session or $12/day. Pre-register at www.parksandrec.fun/tennis. More info: 386-986-2550.

Tuesdays and Thursdays – **Orange Rallies (youth tennis program)** –Tuesdays and Thursdays, 6-7 p.m. at the Palm Coast Tennis Center, 1290 Belle Terre Pkwy. For players in

4th through 6th grades, with cooperative and competitive partner and team activities, players develop match skills and make tennis friends. $162/session or $12/day. Pre-register at www.parksandrec.fun/tennis. More info: 386-986-2550.

Tuesdays and Sundays – **Tennis Round Robins** – Round Robins are Tuesdays, 6-8 p.m. and Sundays, 9:30-11 a.m. at Palm Coast Tennis Center, 1290 Belle Terre Pkwy. $5/day; free for Pass Holders. More info: 386-986-2550.

Wednesdays – **Doubles Skills Clinic (tennis for adults)** – Wednesdays, 9:30-11 a.m. at the Palm Coast Tennis Center, 1290 Belle Terre Pkwy. Situational drills and games for doubles. $15/day for pre-registration or $17/day for same-day registration. More info: 386-986-2550 or www.parksandrec.fun/tennis.

Wednesdays – **Open Art Studio** – Wednesdays, 9 a.m.-noon at the Palm Coast Community Center, 305 Palm Coast Pkwy NE. Need a space to create your next work of art? Stop by the Community Center for some creative time. Please bring your own materials. Free but please register at www.parksandrec.fun/seniors. More info: 386-986-2323.

Wednesdays – **Crafts for Veterans** – Wednesdays, 9 a.m.-noon at the Palm Coast Community Center, 305 Palm Coast Pkwy NE. Help Heal Veterans provides free therapeutic craft kits to veterans. These kits include a wide variety of crafts and materials such as leatherwork, models, woodwork, jewelry, painting, needlecrafts, poster art, scrapbooks and many more. Free (must present veteran ID card) but pre-registration required at www.parksandrec.fun/seniors. More info: 386-986-2323.

Wednesdays – **Mah Jongg –** Wednesdays, 1-4 p.m. at the Palm Coast Community Center, 305 Palm Coast Pkwy NE. Mah Jongg is a game that originated in China. Join in on this game of skill, strategy, and calculation and make new friends. Free but please register at www.parksandrec.fun/seniors. More info: 386-986-2323.

Wednesdays – **Tennis Tots** – Wednesdays, 5-6 p.m. at Palm Coast Tennis Center, 1290 Belle Terre Pkwy. This clinic engages students and their parents with explorative activities that develop fundamental athletics and movement skills necessary for success in any sport! $81/session or $12/day. Pre-register at www.parksandrec.fun/tennis. More info: 386-864-2550.

Wednesdays – **Rookie Rallies (youth tennis program)** –Wednesdays, 6-7 p.m. at the Palm Coast Tennis Center, 1290 Belle Terre Pkwy. For players in Kindergarten and 1st grades, with focus on the Athletic ABCs (agility, balance, and coordination). $81/session or $12/day. Pre-register at www.parksandrec.fun/tennis. More info: 386-986-2550.

Wednesdays – **Line Dancing from the Ground Up (Beginners Men Only)** – Wednesdays, 6-7 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy NE. Enjoy this line dancing program made for the beginner level for men only. Admission is $30/session. Pre-registration is required at www.parksandrec.fun/adults. More info: 386-986-2323.

Thursdays – **Senior Social Corner** – Thursdays, 10 a.m.-noon at the Palm Coast Community Center, 305 Palm Coast Pkwy NE. Looking to get out of the house and mingle? Join our Senior Social Corner and make new friends! Sit and relax in the comfort of our Community Center and chat about whatever is on your mind that day. This is also a great opportunity for seniors who are looking for a meeting space to come and discuss specific topics. Free but please register at www.parksandrec.fun/seniors. More info: 386-986-2323.

Thursdays – **Game Day Social –** Thursdays, 12:30-4 p.m. at the Palm Coast Community Center, 305 Palm Coast Pkwy NE. Game Day Social is comprised of a lively, spirited group of individuals who enjoy the camaraderie and competition of dominos, a variety of card games or board games. Participants are encouraged to bring their favorite game or play one provided by the Parks & Recreation Department. Light refreshments are served. Free but please register at www.parksandrec.fun/seniors. More info: 386-986-2323.

Thursdays – **West Coast Swing** – Thursdays, 5:30-6:15 p.m. for beginners or 6:30-8 p.m. for freestyle at Palm Coast Community Center, 305 Palm Coast Pkwy NE. Come learn one of the coolest partner dances around: West Coast Swing. $5/class. Pre-registration required at www.parksandrec.fun/adults. More info: 386-986-2323.

Fridays – **Morning Blast** – Fridays, 9:30-10:30 a.m. at Palm Coast Tennis Center, 1290 Palm Coast Pkwy. For players ages 18 and up, enjoy a fun and energetic start to your day that combines tennis drills with point play. $10/day for pre-registration or $12/day for same-day registration. Pre-register at www.parksandrec.fun/tennis. More info: 386-986-2550.

Fridays – **Line Dancing from the Ground Up (Beginners)** – Fridays, 2-3 p.m. at Palm Coast Community Center, 305 Palm Coast Pkwy NE. Enjoy this line dancing program made for the beginner level. Admission is $3/pre-registered class or $5/drop-in. Pre-registration is required at www.parksandrec.fun/adults. More info: 386-986-2323.

Fridays, Saturdays, and Sundays – **FootGolf** – Fridays, Saturdays, and Sundays, 5-8 p.m. at Palm Harbor Golf Club, 20 Palm Harbor Pkwy, Palm Coast. Soccer+golf=FootGolf! The cost is $8 per person, with the cart included. Official rules require a No. 5 size soccer ball; players can bring their own, or rent one for $3. FootGolfers will need to make a tee time by calling the Pro Shop at 386-986-GOLF (4653) or online at www.palmharborgolfclub.com.

Saturdays – **Junior Golf Clinics** – Saturdays, 9-11 a.m. at Palm Harbor Golf Club, 20 Palm Harbor Pkwy, Palm Coast. Get out on the course with an instructor to learn the game of golf! Kids ages 8-16 will learn basic golf skills in this weekly clinic. $15/week with pre-registration required. Space is limited, so sign up early by calling 386-986-4653 (GOLF).

See the Winter/Spring 2018-19 Activity Guide at www.palmcoastgov.com/recreation. All programs that require registration can be found at www.parksandrec.fun. Palm Coast Parks & Recreation can be reached at 386-986-2323.

Flagler Humane Society
CARING. COMMITTED. COUNTING ON YOUR HELP.

292 Cats | 72 Dogs

Animals ready for homes

Have you set your canine family member up for failure by not teaching them that door-dashing is a bad behavior? It is never too late to train your pet to respect an entryway. A second is how long it takes for a dog to dash past their owner and become a public safety issue. The risk of the dog being harmed increases and there is a possibility of the pet injuring a person. Flagler Humane Society want to make sure that door-dashing incidents of animals or people being hurt due to these behavior issues are stopped. Bloyce Nelson, a professional dog trainer, will be holding a free question and answer seminar at FHS for dog owners that have four-legged problem children at home. This seminar will be held every month and everyone is welcome. The information will be available soon on the FHS website, www.flaglerhumanesociety.org and you must register to attend.

Donation Opportunities: The Flagler Humane Society Thrift Store always accepts donations, though they cannot take in any computers/printers or large appliances. Call 386-597-2839 and leave a message. Call for our new store location where we will soon be collecting donations. "General Donations" can be dropped off anytime at your convenience. FHS appreciates all donations, especially those from our Wish List (available at flaglerhumanesociety.org/wish-list). You can also purchase items via the Amazon.com link on the FHS website and ship them directly to the shelter.
Outreach Adoption Events: Don't forget that FHS have volunteers and adoptable pets at Petco, PetSmart, PetSupermarket and Tractor Supply in Palm Coast. Stop by and see our adoptable pets!
Want to be a Volunteer? Attend an orientation! Orientations are held at noon in the Humane Society education room every second Saturday of the month. Applications can be found on the FHS website.
Interested in Fostering? Contact our adoption specialist at adopt@flaglerhumanesociety.org.
Adoption Specials: Shy cats are only $10 to adopt for the month of December and if you adopt a shy cat then you get $25 off an additional adoption. Long-term dog residents will be $20 to adopt for the month of December, as well.
Upcoming Fundraisers/Events: See the FHS Website for information on our upcoming Putt for Paws Golf event.
Offered Services: The Flagler Humane Society has a variety of Subsidized Spay & Neuter Programs for members of the community that need to have their pets or community pets sterilized. Please call FHS at 386-445-1814, email info@flaglerhumanesociety.org for questions.
FHS has a Wellness Clinic for minor veterinary issues. Call 386-445-1814 for Appointments. Low Cost Vaccination Clinics are held on the 1st and 3rd Saturdays of every month from 1-3pm.
FHS also offers a "Pet Food Pantry" for those in need of assistance. Please call for more information.

Pet of the Week

AVA

Ava is a 6-year-old lab spayed female lab mix. She prefers to be the only pet but she is super loving and is all that you would need. She has been at the shelter the longest and is desperately in need of a loving home. Come and meet this beautiful girl today.

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Adoption specialist:

Katrina Geigley
adopt@flaglerhumanesociety.org

Outreach Manager:

Katie Share
kshare@flaglerhumanesociety.org