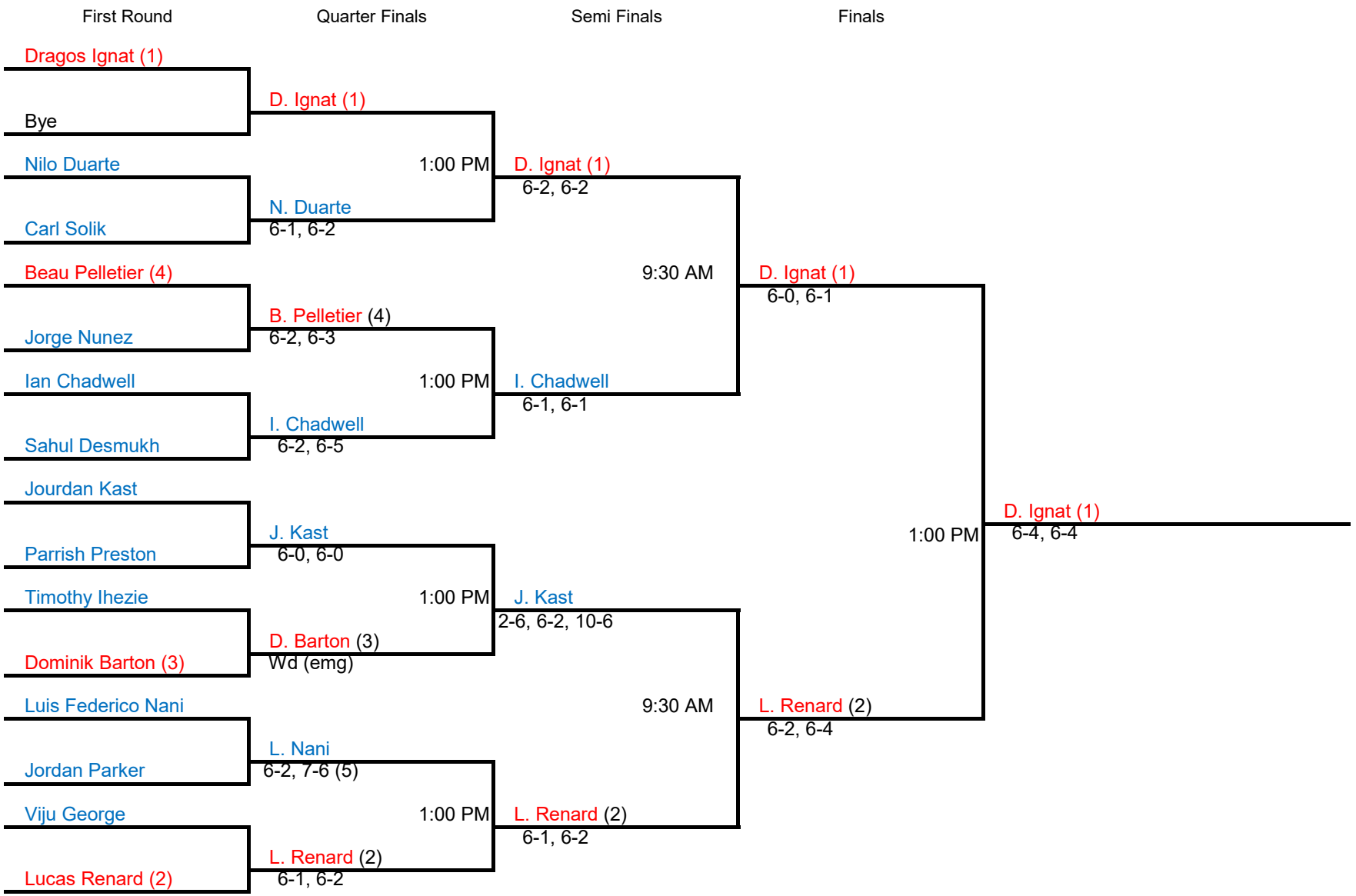2019 Palm Coast W.C. Tournament